

31 JULY 2026

SABRES

SNAPSHOT



SOUTHERN
BASKETBALL
ASSOCIATION

Sabres Snapshot is your July wrap — covering all the key moments, big performances, and stories that kept the Sabres community talking.

NBL1 FINALS UPDATE

Our NBL1 teams are entering another crucial round of finals action this weekend, with both teams fighting to keep their seasons alive.

The Made By Fressko NBL1 Men take on Melbourne Tigers, while our Quest Cheltenham NBL1 Women face Keilor in their finals matchups.

With everything on the line, it's win or go home. Get your tickets, get down to support our teams, and help us bring the energy as we chase finals success.



Live on:
www.nbl1.com.au/watch

SATURDAY 1ST AUGUST

NBL1M FINAL

MELBOURNE SPORTS & AQUATIC CENTRE

TICKETS



6.30PM

VS

SABRES

SABRES 22

SABRES 9



Live on:
www.nbl1.com.au/watch

SATURDAY 1ST AUGUST

NBL1W FINAL

KEILOR BASKETBALL NETBALL STADIUM

TICKETS



7.00PM

VS

SABRES

SABRES 3

SABRES 11

WELCOME PAUL - SBA PRESIDENT

We're proud to welcome Paul Jasniach as the new President of the Southern Basketball Association.

The Sabres are more than just a basketball club — we're a community built on developing players, supporting families and creating opportunities for everyone to enjoy the game.

We look forward to working alongside Paul as we continue to grow and strengthen the future of our club together.

Welcome, Paul!

“

I'm incredibly honoured to be the new President of the Sandringham Sabres.

The Sabres are more than just a basketball club, it's a community that develops players, supports families, and creates opportunities for people of all ages to enjoy the game.

I'm excited to work alongside our members, staff, volunteers, coaches, players, and supporters as we continue to build an even stronger future together.

Go Sabres!

”

— Paul Jasniach
President, Southern Basketball Association





OUR SABRES SUPERSTARS SHINE ON THE WORLD STAGE

It's been a huge month for some of our Sabres stars, with incredible achievements both on the court and on the international stage.

Kyle Adnam made NBL1 history with a record-breaking performance, scoring an incredible 70 points in a single game — a remarkable achievement that showcased his talent, determination, and ability to perform when it matters most.



Steph Reid was selected to represent the Australian Opals, earning her place among the country's best and continuing to inspire the next generation of Sabres players.



Madi Ryan also represented Australia at the FIBA U17 Women's World Cup, helping the team secure a bronze medal while being recognised for her outstanding tournament with selection in the All-Star Five.

We're incredibly proud of Kyle, Steph, and Madi for their achievements and the way they continue to represent the Sabres on the biggest stages. Congratulations to our superstars!

VYC FINALS UPDATE

Our VYC teams continue their finals campaigns this weekend, with plenty on the line as they battle for a spot in the next stage of the competition.

Our teams have worked hard all season to earn this opportunity, and now it's time to get behind them as they represent the Sabres in finals action.

Get your tickets, wear your orange, and come down to support our players as they leave it all on the court.



SATURDAY 1ST AUGUST

VYCM FINAL

KILSYTH SPORTS CENTRE

TICKETS



7.30PM
VS KILSYTH

SABRES



SUNDAY 2ND AUGUST

VYCW FINAL

KEILOR BASKETBALL NETBALL STADIUM

TICKETS



2.00PM
VS FALCON

SABRES

SBA

PICKLEBALL

REGISTER HERE



SABRES COACHES CONTINUE TO UPSKILL

This month, Sabres coaches have been working hard to upskill during the recent school holidays.

We had three clinics where Cheryl Chambers and David Barlow presented to our Boys and Girls VJBL coaches. We also had AFL legend Mick Malthouse speak to our coaches about leadership and creating cohesive teams.

Such valuable nights for our coaching group as we continue to invest in the development of our coaches and the environment they create for our players.



CATERED FOR KIDS 5-8 YEARS OLD, SO THEY LEARN THE KEY SKILLS AND FUNDAMETALS OF BASKETBALL

SABRE CUBS

\$15 A SESSION | TUESDAY'S, WEDNESDAY'S & SATURDAY'S

REGISTER HERE



SENIOR AWARDS NIGHT

Earlier this week, we celebrated our senior players, coaches, and teams at our annual Senior Awards Night.

Congratulations to all award winners and thank you to everyone who contributed to another memorable season. A huge thank you to our sponsors, volunteers, coaches, staff, and everyone who helps make our season possible — your support and commitment are what make the Sabres community so special.



A woman with blonde hair, wearing a light blue t-shirt, is looking upwards with her hands raised in a basketball court. Another person is partially visible behind her, also looking up. The background shows a basketball court with a blue railing.

10.00AM – 11.00AM | WEDNESDAY MORNINGS | 150 TULIP STREET, CHELTENHAM | COURT 4

WALKING BASKETBALL



A FUN, LOW-IMPACT WAY TO STAY ACTIVE, MEET NEW PEOPLE, AND ENJOY BASKETBALL

THE CAGE

SHOOTING MACHINE

P/HR
\$30

DAYTIME *ladies*

WEDNESDAYS 9.30AM - 10.30AM | \$10 PER SESSION ONLY

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TERM 3

SABRES READY

PROGRAM

PREPARE FOR SABRES TRYOUTS



EXCLUSIVE SBA MEMBER RATES AVAILABLE

Your Bayside escape starts here

37 - 39 Station Road Cheltenham | QUESTCHELTENHAM.COM.AU

Winter Stay & Explore Offer for the Sabres Community

In addition to exclusive preferred SBA accommodation rates, our valued accommodation partner and NBL1 South Women's team sponsor, is excited to offer the Sabres community a special Winter Stay & Explore promotion.

Book directly through the website using the promo code **SBAVIP26** and receive:

- **A late check-out**
- **A complimentary Size 3 Nike Skills Basketball**

This exclusive offer is valid for all direct web reservations made until 31 August 2026.

Whether you're visiting for tournaments, games, or a weekend away, this is a great opportunity to enjoy added value while supporting one of our trusted partners.



Promo Code: SBAVIP26

Offer valid until: 31 August 2026

QUEST CHELTENHAM EXCLUSIVE RATES FOR SOUTHERN BASKETBALL ASSOCIATION

We are delighted to offer you exclusive rates at Quest Cheltenham

Promo code:

SBAVIP26

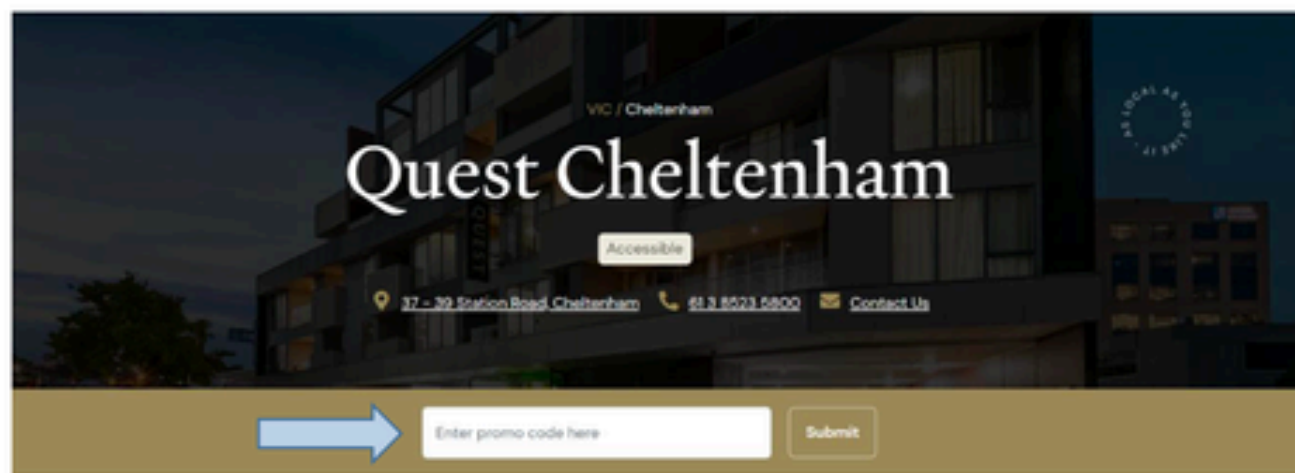
These exclusive rates are valid for stays from:

1st February 2026 to 31st December 2026

For the following room types:

- Studio
- One Bedroom Apartment
- Two Bedroom Apartment
- Two Bedroom Executive Apartment
- Three Bedroom Executive Apartment

To view and book your exclusive accommodation rates please visit our website
www.questcheltenham.com.au and enter your exclusive promo code per below:



Call +61 3 8523 5800
or email questcheltenham@questapartments.com.au

QUEST
APARTMENT HOTELS

Once the promo code has been applied, you will be taken to the booking portal page where you can view and book your exclusive rates across all available room types.



Recommended for you

Studio Apartment

40m² 1 King 2

The well-appointed Studio is flooded with natural light, and provides a stylish, open-plan space to unwind and relax. Each Studio features a comfortable king-size bed ...

[full details](#)

☒ SBA - Southern Basketball Association	\$195.00
☒ Fully Flexible	
☒ Book now, pay later	
☐ Best Flexible Rate	\$308.00
☐ Advance Purchase	\$293.00

Last room available!

\$195.00 total

[See details](#)

Book



One Bedroom Apartment

55m² 1 King 3

Feel right at home in Quest's stylish One Bedroom Apartment. You've space to move with a separate bedroom with a king-size bed which can be configured as 1 king or ...

[full details](#)

☒ SBA - Southern Basketball Association	\$225.00
☒ Fully Flexible	
☒ Book now, pay later	
☐ Best Flexible Rate	\$358.00
☐ Advance Purchase	\$340.00

\$225.00 total

[See details](#)

Book

Should you not see availability on a preferred room type, or have any questions or queries please contact the friendly team at Quest Cheltenham.



Sandringham Sports Physio

Sandringham Sports Physio is a proud partner of the Sabres and is committed to supporting our players and community with high-quality care and service.

As part of this partnership, Sabres members receive exclusive discounts:

- **15% off for Sabres Basketball Juniors**
- **10% off for Sabres Basketball Staff**

To access the discount, simply let the team know when you arrive that you are part of the Sabres program, and they will take care of you.

We encourage all players and staff to take advantage of this great offering and support one of our valued partners who supports us.



WHERE

Sandringham Sports Physio is conveniently located within the Sandringham Family Leisure Centre, right next to the stadium, making it easy for athletes and families to access before or after training and games.

Being on-site means players can get fast, high-quality treatment without having to travel off-campus — a huge benefit for injury management, recovery, and ongoing performance support.

madebyfressko.com

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WITH US

PROUD TO SUPPORT LOCAL



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Fressko®



Hydration meets performance.

Made By Fressko is the sponsor of our NBL1 South Men's program and the exclusive hydration partner across both our NBL1 South and VYC programs.

This partnership supports our broader commitment to athlete wellbeing and performance, ensuring our programs are backed by quality hydration solutions that our athletes use every day in training and competition.

Across all levels of the Sabres pathway, we're focused on creating environments that support high performance both on and off the court. Partnerships like this play an important role in that.

A few shots of our athletes staying fuelled throughout the season.

Learn more:

madebyfressko.com



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email: reception@bcdental.com.au



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seda.edu.au/melbutd

MELBOURNE UNITED SPORT & BUSINESS PROGRAM

The Melbourne United Sport & Program offers a unique opportunity to immerse yourself in an elite sporting environment while earning a dual diploma in Sport and Business.

EXPERIENCE IS YOUR BIGGEST ADVANTAGE

Designed by industry experts, our program blends practical, hands-on learning with real-world experience giving you the skills and knowledge to stand out in a competitive sports and business environment.

Opportunities may include:

- + Match day experiences
- + Shadowing industry experts
- + Working alongside business operations
- + Community engagement initiatives
- + Project planning and delivery
- + Program coaching
- + International study tour*

EXPERIENCE MORE POSSIBILITIES

Explore new pathways in a supportive environment, where you'll gain practical experience and discover where your passions truly lie. With opportunities to undertake hands-on learning, build strong networks, and get real-life experience, you'll be given the skills and knowledge to step into your career with confidence.

- + Two diploma qualifications – SIS50321 Diploma of Sport and BSB50120 Diploma of Business
- + Cross-business opportunities through work-integrated learning
- + Direct entry pathways into 15+ Australian Universities**
- + Credit point articulations**

CHOICE OF TWO LOCATIONS



Hoop City, Cheltenham



MSAC, Albert Park

SCHOLARSHIP

We are proud to invite applications for a Diversity & Inclusion Scholarship as part of the Melbourne United Sport & Business Program. Find out more at seda.edu.au/scholarships



LEARN MORE

seda.edu.au/melbutd
1300 777 332

*International Study Tours are optional, and costs are additional. ** Upon successful completion and subject to eligibility. Melbourne United work in collaboration with SEDA Group RTO:22503 on marketing and promotional services relating to the recruitment of prospective students for this program. SEDA Group is responsible for the training and assessment and issuance of AQF certification documents. Information is accurate as of March 2026.

STEP IT UP

FEET FIRST

PODIATRY CENTRE

Feet First Podiatry Centre is pleased to offer the following SBA discounts as part of its 2019/2020 sponsorship.

10%
OFF

all services for both
senior and junior SBA
domestic players

10%
OFF

all services for
junior representative
Sabres players

20%
OFF

all services for NBL1
and BigV players



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PODIATRY



VIDEO GAIT
ANALYSIS



ORTHOTICS



KIDS IN
SPORT

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Recognition

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Trading Cards

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