

SABRES

SNAPSHOT



NBL1 South Update: Sabres Making Noise in 2026

The 2026 NBL1 South season is heating up and both our Sandringham Sabres women's and men's teams are continuing to battle hard as we move deeper into the year.

Our women's side has been one of the standout teams in the entire competition so far, currently sitting on top of the NBL1 South ladder with an impressive 9-1 record. The group has consistently delivered on both ends of the floor, combining elite offensive firepower with strong defensive intensity.

The Sabres women recently made another statement with a dominant win over Ringwood, led by a huge performance from Steph Reid who finished with 30 points and 10 assists. The result further strengthened Sandringham's position as one of the championship favourites this season.

Across the season, the women have shown incredible depth, composure and consistency, finding ways to win both at home and on the road. Their fast-paced offence and team-first mentality continue to make them one of the most exciting teams in the league to watch.

Meanwhile, our men's team continues to compete strongly in an incredibly competitive NBL1 South conference. The group currently sits with a 5-5 record and has shown plenty of promise throughout the opening rounds of the season.

The men have been putting together some strong offensive performances, averaging more than 88 points per game while continuing to improve week by week. With a talented roster and plenty of season still to play, the group remains firmly in the hunt as they push toward finals contention.

Both programs continue to represent the Sabres with pride, energy and professionalism every time they step on the court. As the season progresses, the support from our Sabres community will continue to play a huge role as both teams chase success throughout the remainder of the 2026 NBL1 South campaign.

Be sure to get down to the Sabre Dome, wear your Sabres colours proudly and continue supporting our teams as we push toward finals basketball!





EXCLUSIVE SBA MEMBER RATES AVAILABLE

Your Bayside escape starts here

37 - 39 Station Road Cheltenham | QUESTCHELTENHAM.COM.AU

Winter Stay & Explore Offer for the Sabres Community

In addition to exclusive preferred SBA accommodation rates, our valued accommodation partner and NBL1 South Women's team sponsor, is excited to offer the Sabres community a special Winter Stay & Explore promotion.

Book directly through the website using the promo code **SBAVIP26** and receive:

- **A late check-out**
- **A complimentary Size 3 Nike Skills Basketball**

This exclusive offer is valid for all direct web reservations made until 31 August 2026.

Whether you're visiting for tournaments, games, or a weekend away, this is a great opportunity to enjoy added value while supporting one of our trusted partners.



Promo Code: SBAVIP26

Offer valid until: 31 August 2026

QUEST CHELTENHAM EXCLUSIVE RATES FOR SOUTHERN BASKETBALL ASSOCIATION

We are delighted to offer you exclusive rates at Quest Cheltenham

Promo code:

SBAVIP26

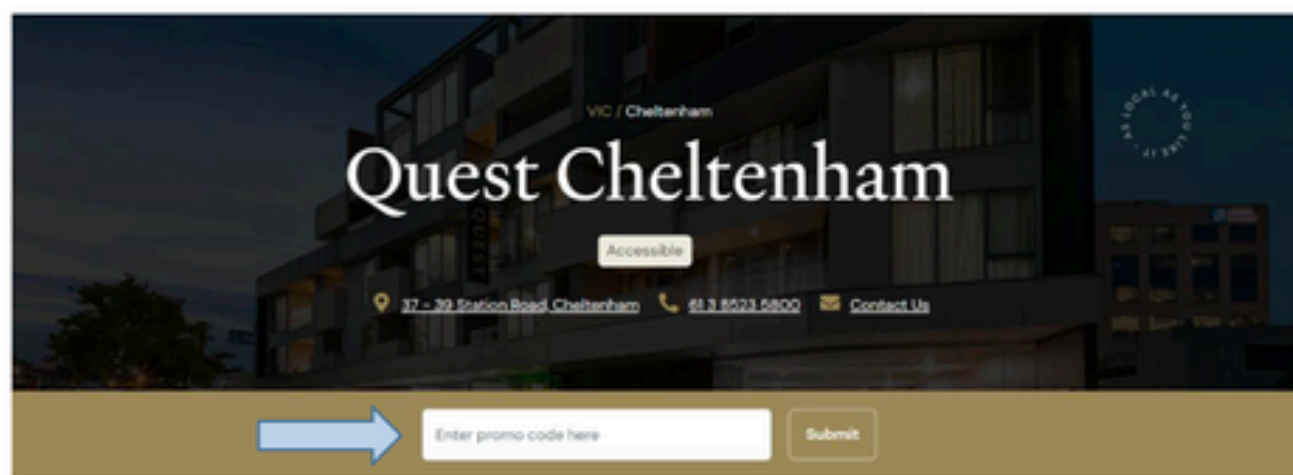
These exclusive rates are valid for stays from:

1st February 2026 to 31st December 2026

For the following room types:

- Studio
- One Bedroom Apartment
- Two Bedroom Apartment
- Two Bedroom Executive Apartment
- Three Bedroom Executive Apartment


To view and book your exclusive accommodation rates please visit our website www.questcheltenham.com.au and enter your exclusive promo code per below:



Call +61 3 8523 5800
or email questcheltenham@questapartments.com.au

QUEST
APARTMENT HOTELS

Once the promo code has been applied, you will be taken to the booking portal page where you can view and book your exclusive rates across all available room types.



Recommended for you

Studio Apartment

40m² 1 King 2


The well-appointed Studio is flooded with natural light, and provides a stylish, open-plan space to unwind and relax. Each Studio features a comfortable king-size bed ... [full details](#)

<input checked="" type="radio"/> SBA - Southern Basketball Association	\$195.00
<input checked="" type="radio"/> Fully Flexible	
<input checked="" type="radio"/> Book now, pay later	
<input type="radio"/> Best Flexible Rate	\$308.00
<input type="radio"/> Advance Purchase	\$293.00

Last room available!

\$195.00 total [See details](#) [Book](#)





One Bedroom Apartment

55m² 1 King 3

Feel right at home in Quest's stylish One Bedroom Apartment. You've space to move with a separate bedroom with a king-size bed which can be configured as 1 king or ... [full details](#)

<input checked="" type="radio"/> SBA - Southern Basketball Association	\$225.00
<input checked="" type="radio"/> Fully Flexible	
<input checked="" type="radio"/> Book now, pay later	
<input type="radio"/> Best Flexible Rate	\$358.00
<input type="radio"/> Advance Purchase	\$340.00

\$225.00 total [See details](#) [Book](#)



Should you not see availability on a preferred room type, or have any questions or queries please contact the friendly team at Quest Cheltenham.



Live on:
www.nbl1.com.au/watch

 **SABRES**



AWAY GAME V NUNAWADING

SAT 23 MAY

W: 5.30 PM | M: 7.30 PM



HOME GAME V KILSYTH

SUN 24 MAY

W: 12.30 PM | M: 2.30 PM



SABRES

55

made by
Fressko


QUEST
CHELTENHAM



SABRE DOME

TICKETS AVAILABLE AT THE DOOR



The Southern Basketball Association is launching its very own 3x3 Tournament for U11–U17 players

Running during the school holidays on Monday 29th June, this is a great opportunity for players to get involved, stay active, and enjoy a fast-paced format of the game we love.

Spots are now open—register your interest;
[HERE](#)

Don't miss out on this exciting new addition to the Southern Basketball Association calendar!



Sandringham Sports Physio is a proud partner of the Sabres and is committed to supporting our players and community with high-quality care and service.

As part of this partnership, Sabres members receive exclusive discounts:

- **15% off for Sabres Basketball Juniors**
- **10% off for Sabres Basketball Staff**

To access the discount, simply let the team know when you arrive that you are part of the Sabres program, and they will take care of you.

We encourage all players and staff to take advantage of this great offering and support one of our valued partners who supports us.



Sandringham Sports Physio is conveniently located within the Sandringham Family Leisure Centre, right next to the stadium, making it easy for athletes and families to access before or after training and games.

Being on-site means players can get fast, high-quality treatment without having to travel off-campus — a huge benefit for injury management, recovery, and ongoing performance support.

Job Opportunities

Southern Basketball Association (SBA) is currently seeking Expressions of Interest for the following roles:

Girls Director of Coaching (Full-Time)

SBA is seeking an experienced basketball coach and leader to oversee the Sabres junior girls program.

This role focuses on player development pathways, coach management and education, program delivery, and alignment of coaching standards across the girls program.

The successful candidate will play a key leadership role across representative, domestic, and community programs.

✉ Apply: simon@southernbasketball.com.au
EOIs close: Friday 29 May

FULL JOB DESCRIPTION

APPLY VIA SEEK

Canteen Supervisor

We are seeking an experienced hospitality operator to oversee the day-to-day running of the SBA canteen.

This role includes food and beverage service, stock control, cash handling, staff supervision, and maintaining high standards of customer service, food safety, and cleanliness.

Hours: 3.30pm–9.45pm weekdays + some weekend work.

✉ Apply: crm@sabres.com.au

FULL JOB DESCRIPTION

APPLY VIA SEEK

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Hydration meets performance.

Made By Fressko is the sponsor of our NBL1 South Men's program and the exclusive hydration partner across both our NBL1 South and VYC programs.

This partnership supports our broader commitment to athlete wellbeing and performance, ensuring our programs are backed by quality hydration solutions that our athletes use every day in training and competition.

Across all levels of the Sabres pathway, we're focused on creating environments that support high performance both on and off the court. Partnerships like this play an important role in that.

A few shots of our athletes staying fuelled throughout the season.

Learn more:

madebyfressko.com



The Sandringham Sabres VYC teams continue to put together strong campaigns in the 2026 Big V Youth Championship season, with both squads sitting inside the top eight as the competition heats up.

The BC Dental VYC Women are continuing their outstanding season, currently sitting 4th on the ladder with an impressive 9-2 record. The girls split their double-header weekend, producing a dominant 101-70 win over Geelong before falling 63-78 to Waverley. Despite the loss, the group continues to show why they are one of the competition's strongest teams, playing with great intensity, depth and consistency every week.

The VYC Men also faced a tough double-header weekend against Waverley and Geelong, coming away with an exciting 78-74 win over Waverley before going down 85-100 against Geelong. The men currently sit 7th on the ladder with a 7-6 record as they continue to battle hard in a highly competitive division. The group has continued to show resilience and determination throughout the season, keeping themselves firmly in the finals race heading into the next stretch of games.

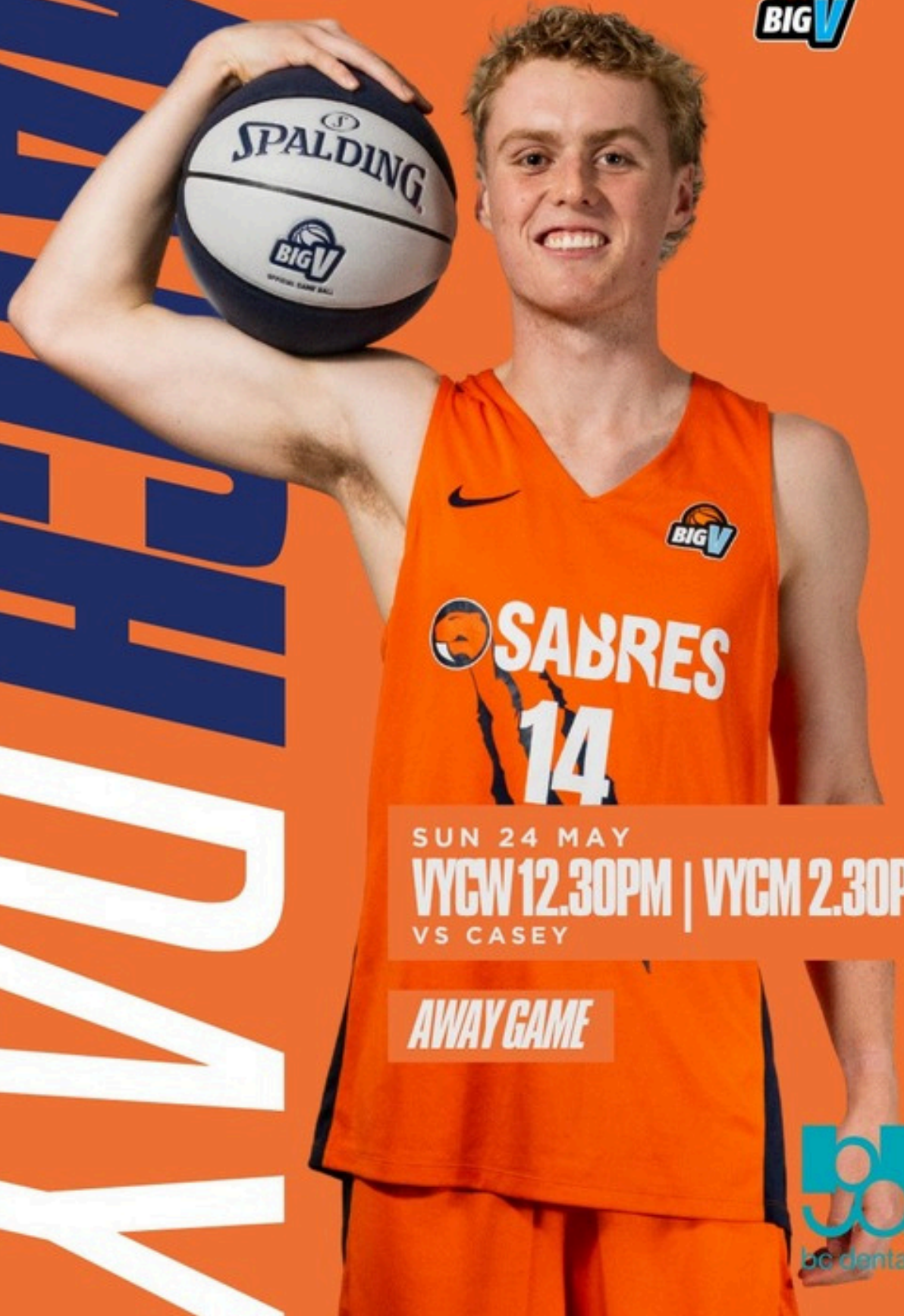
Both Sabres teams continue to represent the orange and navy with pride, and we look forward to seeing what the second half of the season brings.



WARRIORS

 **SABRES**

 **BIG V**



SUN 24 MAY

VYCW 12.30PM | VYCM 2.30PM
VS CASEY

AWAY GAME


bc dental



SABRES SMALL GROUP TRAINING RETURNS

SECOND 5-WEEK BLOCK STARTS NEXT MONDAY



Sabres Small Group Training is back for its second 5-week block starting next Monday, giving athletes another opportunity to train, improve, and compete at a higher level.

Led by six elite coaches, the program is designed to challenge players in a high-performance environment while building skills, confidence, and game understanding across all areas of development.

This block continues to provide focused, small group sessions that allow for personalised coaching and rapid improvement, helping athletes take the next step in their basketball journey.

Spots are limited and demand is high, so don't miss your chance to be part of it.

[REGISTER HERE](#)

For enquiries:

evan@southernbasketball.com.au



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The Melbourne United Sport & Program offers a unique opportunity to immerse yourself in an elite sporting environment while earning a dual diploma in Sport and Business.

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Designed by industry experts, our program blends practical, hands-on learning with real-world experience giving you the skills and knowledge to stand out in a competitive sports and business environment.

Opportunities may include:

- + Match day experiences
- + Shadowing industry experts
- + Working alongside business operations
- + Community engagement initiatives
- + Project planning and delivery
- + Program coaching
- + International study tour*

EXPERIENCE MORE POSSIBILITIES

Explore new pathways in a supportive environment, where you'll gain practical experience and discover where your passions truly lie. With opportunities to undertake hands-on learning, build strong networks, and get real-life experience, you'll be given the skills and knowledge to step into your career with confidence.

- + Two diploma qualifications - SIS50321 Diploma of Sport and BSB50120 Diploma of Business
- + Cross-business opportunities through work-integrated learning
- + Direct entry pathways into 15+ Australian Universities**
- + Credit point articulations**

CHOICE OF TWO LOCATIONS



Hoop City, Cheltenham



MSAC, Albert Park

SCHOLARSHIP

We are proud to invite applications for a Diversity & Inclusion Scholarship as part of the Melbourne United Sport & Business Program. Find out more at seda.edu.au/scholarships



LEARN MORE

seda.edu.au/melbutd

1300 777 332

SBA PICKLEBALL



Pickleball at SBA continues to grow as one of Bayside's go-to social sports, played right here in Melbourne's indoor pickleball stadium. With sessions running rain, hail or shine, you can enjoy consistent, high-quality play all year round.

With dedicated session times catering to all skill levels, it's the perfect environment whether you're just starting out or already a regular on the court.

NEW TO PICKLEBALL?

If you're getting started, we recommend joining one of our Introductory Sessions. These cover everything you need to know, including:

- Rules of the game
- How to play
- Scoring
- Basic strategy

HOW TO REGISTER

Bookings are managed through the OpenSports app. Once downloaded, simply join the SBA Pickleball group to view and register for upcoming sessions:

<https://opensports.net/sba-pickleball/app>

SBA Pickleball has built a welcoming and inclusive community, with players of all ages and skill levels encouraged to get involved.

For any enquiries, please contact Greg:
Greg@southernbasketball.com.au



STEP IT UP

FEET FIRST
PODIATRY CENTRE

Feet First Podiatry Centre is pleased to offer the following SBA discounts as part of its 2019/2020 sponsorship.

10%
OFF

all services for both senior and junior SBA domestic players

10%
OFF

all services for junior representative Sabres players

20%
OFF

all services for NBL1 and BigV players



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SPORT

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SHOUTOUT DOMESTIC

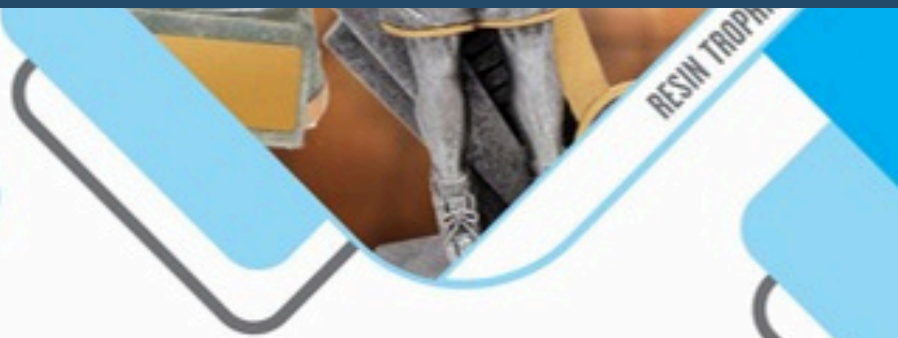




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