



SABRES



PROGRAM



BC DENTAL VYC WOMEN

SATURDAY 30TH MAY

5:00PM

SABRES V ALTONA

SOUTHERN BASKETBALL STADIUM





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Location

7 Nth Concourse, Beaumaris VIC 3193

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email: reception@bcdental.com.au

COACH'S PREVIEW



The VYC Women return home this weekend full of confidence after a strong 59-38 win over Casey last round.

It was a complete team defensive performance from the Sabres, highlighted by holding Casey to just 2 points in the fourth quarter. Lily Newman-Morris led the way with an outstanding double-double, finishing with 19 points, 10 rebounds and 3 steals in a dominant all-round display.

The challenge continues this weekend with another double-header on the schedule.

On Saturday night, the Sabres host Altona at home. Followed by a Sunday away game in Pakenham. Both Altona and Pakenham are talented and competitive group, and the Sabres will need to bring their trademark defensive intensity, discipline and team-first approach for all four quarters across both games.

After an impressive response last weekend, the focus will again be on cementing the groups defensive identity and playing together at both ends of the floor.

Get down to Sabre dome Saturday night and support the VYC Women.

#bleedorange



HEAD COACH: SALLY BURKE

VYC WOMENS TEAM LIST



vs



POPPY NOWAK
#54 Guard



LILY BALLARIN
#8 Guard



LAURA HAMILTON
#10 Guard



BAILEY DE FOREST
#11 Centre



MEL KAPETANAS
#12 Guard



JOSIE AGNEW
#13 Guard



ELLA ONGARATO
#21 Forward



ELLA WICKSTROM
#23 Guard



MADDIE ANGUS
#42 Forward



LILY NEWMAN MORRIS
#22 Guard



SIERRA WOOLHOUSE
#55 Guard



NATALIA HORDEJUK
#77 Forward

ALTONA TEAM LIST

Number	Position	Name
1	Forward	Nyapath Machot
30	Guard	Tyla Paraha
2	Guard	Trinity Hawea
10	Forward	Charlotte Dunn
3	Guard	Charlotte Brodie
13	Forward	Cassie Dodemaide
15	Guard	Maya Ganzon
20	Guard	Aseka Ratnayake
12	Guard	April Martyn
22	Guard	Lucy Barth
41	Guard	Liana Taufu
25	Center	Evelyn Martyn

STEP IT UP

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Sandringham Sabres Theme Song

Oh we're from Sabreland

A fighting fury

We're from Sabreland

In any weather you will see us with a grin

Risking head and shin

If we're behind then never mind

We'll fight and fight and win

For we're from Sabreland

We never weaken til the final siren's gone

Like the Sabre of old

We're strong and we're bold

For we're from Sabre

(Orange and Blue)

We're from Sabreland.



#BLEED ORANGE



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