



**SOUTHERN  
BASKETBALL  
ASSOCIATION**

# RUN WITH THE PACK



## SABRES SNAPSHOT

**FEBRUARY EDITION**



Not long now until our Sabres young guns take the court in the upcoming 2023 VJBL season.

Make sure to stay tuned on our social media channels with all the latest results and updates.

Round 1 kicks off Friday March 10th with fixtures being released soon!

**GOOD LUCK SABRES!**



**FOLLOW US ON SOCIALS**

# SMASH YOUTH LEAGUE

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**The BIGV Smash tournament was an excellent opportunity to get in some practice games after our pre-season trainings began in mid January.**

Our first game of the tournament against Dandenong started slowly, but once the team settled in and found a gritty, defence first identity we got rolling. A large emphasis on playing for your teammates and making each other better saw the team gain a 20 point lead and an eventual 13 point win with new additions Laura Hamilton and Ella Razga contributing impressively on both ends. Our second game came against a strong Ringwood side. In a hard fought loss the team was forced to adapt and try new strategies in which, lots of promise was found. Katie Ritchie and Maya Dear led the way with strong performances.

Coming away from the weekend with 1 win and 1 loss with 4 players missing is very promising and gives the coaches and players plenty to work on moving forwards as we head towards our first game of the season on 18th March against the Hume City Broncos.



## **VYC Womens Head Coach, Cal Charge**



This weekend, the VYCM played in the Smash Tournament - a regular event on the preseason calendar. Saturday night's game was a tightly contested affair with high pace and scoring. Unfortunately the men fell short in the fourth quarter, but with several key players missing from rotation, it was pleasing to see some of younger YL members seize their opportunity.

Young guns Elliot Brown and Joel Foxwell drove the pace, Kaylan Kitto continues to be a veteran presence and will be an exciting force in the season to come whilst Jasper Cheney continues to provide a steady poise and disposition to the group.

Sunday afternoon's game was a positive result for the Sabres as the men were rewarded with a win. High octane offense is seemingly the theme for this exciting Sabres squad as we fell a few points shy of cracking 100. Ned Dillon returned and displayed a desire to both attack the paint and shoot freely. Coupled with the physicality of Sammy Cartwright, this proved too much for an under resourced Keilor team. Thanks to all the Sabre faithful who turned up to support the group. The next practice game will be against Vic Metro on Thursday 9th of March, as we ramp up towards season start.

**VYC Mens Head Coach, Andy Lim**

# SABRES REP ACADEMY

## Sabres Rep Academy Term 1

### U12:

(2012 / 2013 / 2014 born athletes)

Wednesdays: 7.00am – 7.50am

March 8th, 15th, 22nd, 29th &  
April 5th

### U14 / U16:

(2010 / 2011 / 2009 & 2008 born  
athletes)

Tuesday: 7:00 – 7.50am

March 7th, 14th, 21st, 28th & April  
4th.

**Location:** Southern Basketball  
Centre, Tulip Street

**What to bring:** Basketball, Drink  
Bottle

**SABRES REP ACADEMY**  
**BOYS & GIRLS**  
Under 12 (2012 / 2013 / 2014)  
March: 8th, 15th, 22nd, 29th & April: 5th  
**Wednesday 7.00am – 7.50am**

**SABRES REP ACADEMY**  
**BOYS & GIRLS**  
Under 14 & 16 (2010 / 2011 & 2009 / 2008)  
March: 7th, 14th, 21st, 28th, April: 4th  
**Tuesday 7.00am – 7.50am**

**Email your EOI directly to the Sabres Head Coaches so they have an idea of numbers for each age group.**

**Girls – [simon@southernbasketball.com.au](mailto:simon@southernbasketball.com.au)**

**Boys – [nathan@southernbasketball.com.au](mailto:nathan@southernbasketball.com.au)**



# NBL1 WOMEN UPDATE

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**Georgia Pineau**  
Practice Game v Knox

## First look at your NBL1 Womens team in action!

Sandringham Sabres v Knox Raiders in a practice game at the Sabre-dome on Thursday 23rd Feb.

"For a late February scrimmage, it was a really good hit out for our girls, obviously both teams were missing players, so there is room for improvement. Our practices have been really good, and this was a great chance for us to test ourselves against a different opponent!"

**- Simon Giovannoni, SBA Head Coach Women and Girls**



**Morgan Ili**  
Practice Game v Knox

Make sure you come and cheer on your Sandringham Sabres Women this Thursday 2nd March as they take on Dandenong Rangers at Dandenong Stadium at 6:30pm.

## STAY TUNED FOR MORE . . .

BASKETBALL  
**JERSEY  
WORLD**

**FAMASO**  
FACILITIES SOLUTIONS

**kidsontulp**



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# WALKING BASKETBALL

## Walking Basketball is back for Term 1!

Walking Basketball is for participants across all ages, genders and abilities. It is a low impact, social and fun way to improve your level of physical activity within a non-competitive environment.

These 'come and try' sessions are for those in the Bayside Community looking for some basketball and physical activity at a gentler pace.

Sessions will also run from 10.00am – 11.00am on Wednesday mornings.

Free tea and coffee provided after each session!

There is no need to register for Walking Basketball, please come along and try!!



## DAYTIME LADIES

These sessions are for ladies who wish to learn basketball instead of committing to a full season. The sessions will be run and organized by Sabres Women Director of Coaching, Simon Giovannoni.

### [CLICK HERE TO REGISTER!](#)

- 10 week program commencing on Wednesday 1st February 2023
- Dates: 1st, 8th, 15th, 22nd February,
- 1st, 8th, 15th, 22nd, 29th March & 5th April
- Wednesday Mornings 10.00am – 10.50am
- **\$10 per session**



# NEW COURT PROGRESS



Things are moving along swimmingly with the new courts! Here is a sneak peak inside the facilities as of Friday 24th February 2022.

We appreciate your patience throughout this time and look forward to keeping you updated with more progress shots over the coming weeks.

## NEW MERCHANDISE

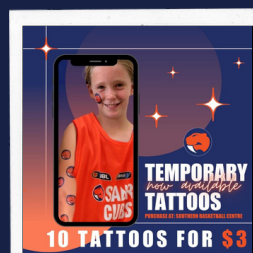


### Need some new Sabres merchandise?

We are stocking up the Locker Room with some Sabres goods! Make sure to check it out, next time you are at the SBA.



SABRES NAVY CAP \$25



SABRES TATTOOS (10 FOR \$3)



SABRES BADGES \$5 EACH



# SHOUTOUT DOMESTIC

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Thank you to all our Domestic Clubs who support the SBA!



# BSMART BASKETBALL

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**ONLY  
\$59.00/  
month for  
6-months**

# BSMART BASKETBALL

**X**  **SABRES**

**Online** off season strength + skill program offer to Sabres Players  
Normally \$99.00 per month, **exclusive to Sabres players only for a limited time**

**DISCOUNT CODE: SABRE**

## SIGN UP TODAY!



# NBL1 **PLAYER SIGNINGS**

## THE ROSTER SO FAR . . .

**WOMEN: HEAD COACH: JACQUI O'NEILL**



Brittany Smart



Funda Nakkasolgu



Georgia Pineau



Klara Wischer



Morgan Ili



Eilidh Simpson



Katie Ritchie



Maya Dear



Charlotte Lord

**MEN: HEAD COACH: DAVID BARLOW**



David Barlow



CJ Asucion-Bryd



David Okwera



Dane Pineau



Shea Ili



Cooper Goonewardene



Campbell Blogg



Tom Koppens



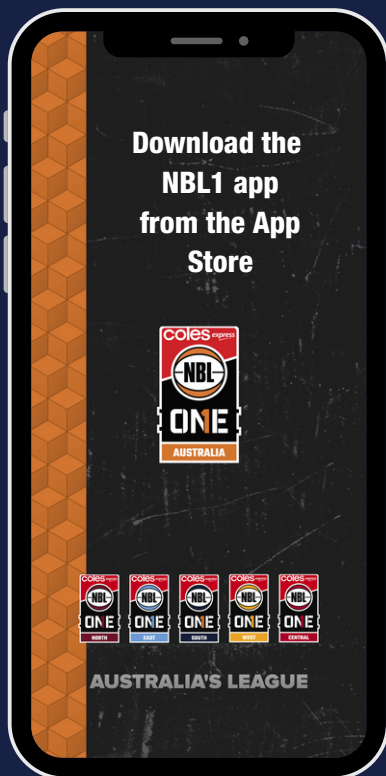
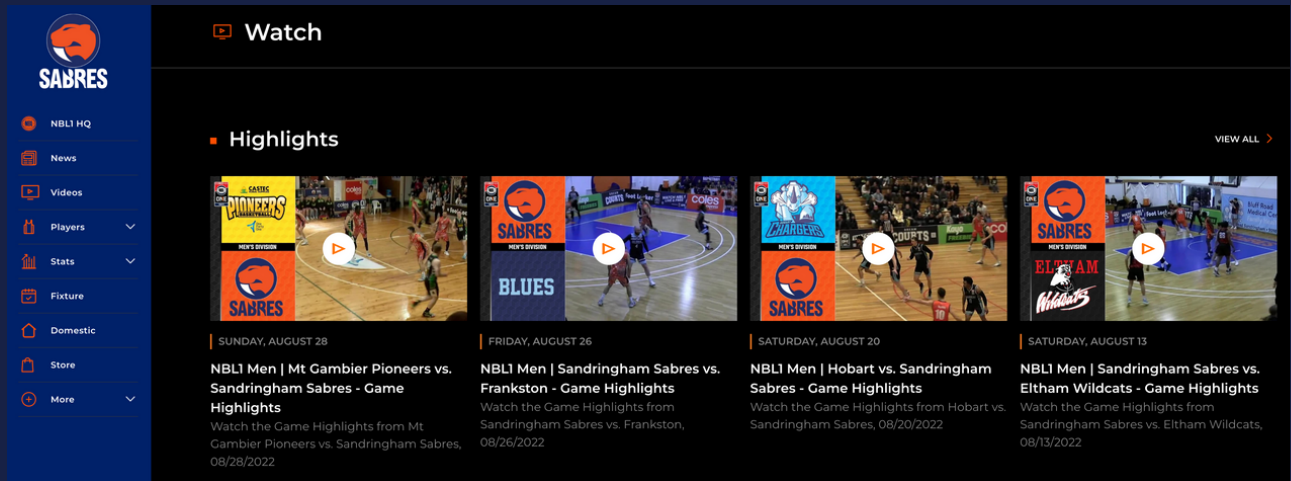
Nic Gabsch



Zak Pantelis



# WATCH THE ACTION LIVE!



All Sabres NBL1 games are LIVE on the NBL1 Sabres website or the NBL1 App

# 2023 SPONSORS

**BECOME A SPONSOR TODAY!**

CONTACT: [ADMIN@SOUTHERNBASKETBALL.COM.AU](mailto:ADMIN@SOUTHERNBASKETBALL.COM.AU)

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**Southern Basketball Centre**  
**150 Tulip Street, Cheltenham, VIC, 3192**  
**[southernbasketball.com.au](http://southernbasketball.com.au)**

# BUSINESS DIRECTORY

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Dear SBA families,

Here at Southern Basketball Association (SBA) we're committed to building a bigger and better future for our players, and club community.

We're proud of our people and the work they do on and off the court, and we want to reward and support you.

The SBA Online Business Directory is designed to do just that reward and support. If you have a business, then we want to include you in our online business directory. No matter how big or small your business; sign up now.

Together we can help each other achieve our goals.

**Submit your business details [here](#).**

Please include:

- Your company logo (to be supplied as a clear, high resolution JPEG)
- Business contact details (name, email, phone number, website)
- A small amount of text
- A special discount, offer or deal for SBA Members