

2022



SABRES

YEAR BOOK



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FOCUSED DURING TRYING TIMES

Dear SBA Senior & Junior Representative community,

After an uncertain start to the 2021-2022 season due to COVID restrictions, we are very pleased with how all our Sandringham teams have performed during the past senior and junior representative season. There was always a concern that our players would take some time to re-engage and develop after such a lengthy lay off, but it was very inspiring to see them all perform exceptionally well given the limited preparation they had. Well done to our players for remaining focused during these trying times.

We would like to especially thank the commitment of both our senior and junior representative team coaches, team managers and for our juniors, supportive parents who have contributed significantly to the success of our program over this past year. We appreciate your efforts. Further thanks to the SBA

Management & Operations team on a job well done !!

A special mention to our six junior 1s teams that made the National Junior Classic tournament in June this year, along with our 14.1 Girls team that are playing the Australian U14 Club Championship tournament in Sydney this month....a phenomenal result by all !!

Looking forward to a successful 2022-2023 season.

Phil McFarlane
President

BASKETBALL IS HERE TO STAY!

Firstly, I would like to take this opportunity to thank the SBA Operations staff for their work in ensuring a successful program for all our players.

It's been nearly two years for us to be able to complete a season and even though it was a shaky start, finish we did.

Record crowds at our NBL 1 games saw a top 4 finish for our men's team and a competitive effort all year from our women's team. Performances and the development of our VY and U 20 teams reflected how successful the Sabres Style of play has become.

Recognition to all our junior Coaches, Assistant Coaches and Team managers who work tirelessly throughout the year ensuring our teams are at their best when it comes to game night. Most importantly, a big thank you to all the Sabres parents who seem to drive our players from one end of the State to the other every Friday night.

In closing I would like to make special mention of the efforts Nathan and Simon put into each year to ensure a successful season can be experienced by all.

Whilst the 2022 season has now come to an end, the trials for 2023 are now underway; basketball is back and here to stay.

Craig Weir
CEO



FROM STRENGTH TO STRENGTH

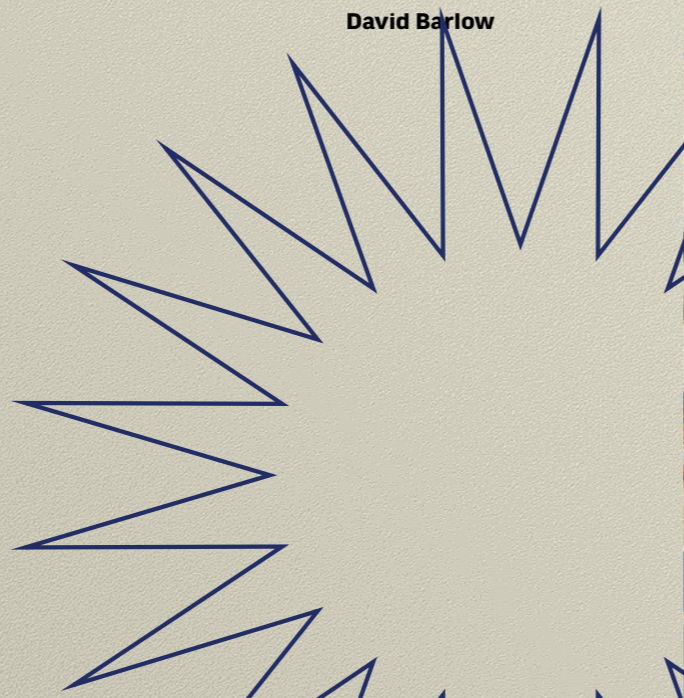
The NBL1 season was generally a successful one. We enjoyed the journey, improved both collectively and individually and put ourselves in a position to compete for a championship.

A huge thank you to everyone involved; players, staff, the club, our families and everyone who came to support us on game day.

Unfortunately we fell short of that ultimate goal, losing in the preliminary final. This was obviously disappointing but the way in which we earned our ticket to that game was spectacular. In our last home game of the season, the semi final, we were undermanned and probably the underdog entering the game. In front of a sold out Sabredome, the boys put on an absolute show, dominating the opposition in the first half then maintaining that well enough in the second half to secure one of the most enjoyable wins of my career.

We look forward to enjoying more moments like this next season as we now turn our attention to bringing back as many of this years' team as possible and hopefully achieving what we couldn't quite achieve in NBL1 '22. Looking forward to seeing you out there!

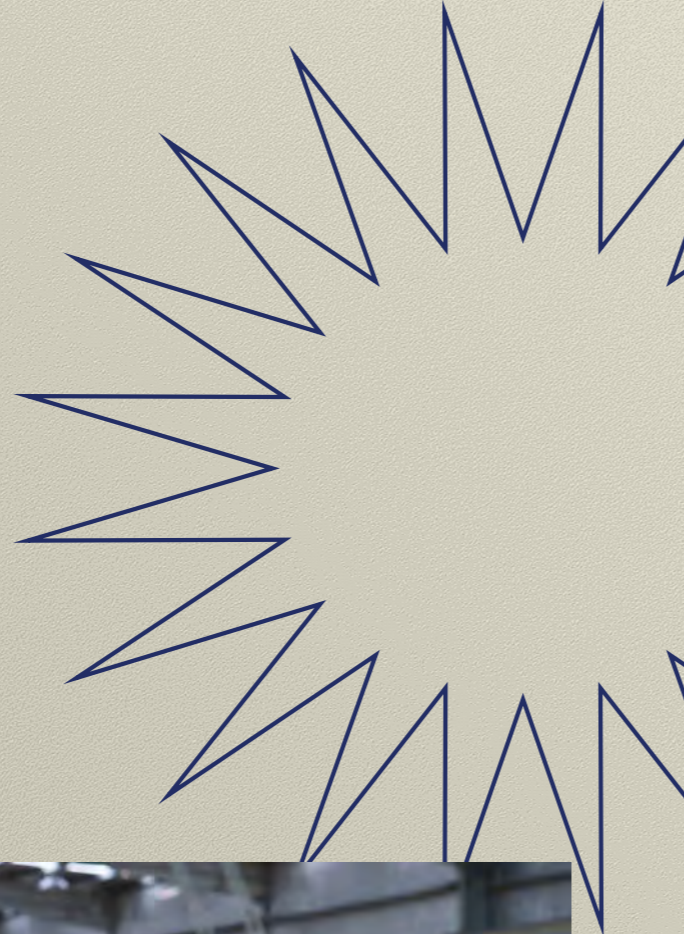
David Barlow



BIG SIGNINGS & REBUILDING

The NBL1 women's season started with some big signings. With Funda Nakasaglou and Georgia Pineau joining veterans Amy O'Neill, Rach Jarry and Brigitte O'Neill the season looked like it was going to be great. Starting with a big win over Frankston the team was off to a flyer. There were a few tough losses that followed before Britt Smart joined the crew. A 1-point loss to Dandenong on the buzzer was heartbreaking but the team bounced back to have a great wins over very talented Kilsyth and Casey sides. With illness and injury hitting the team a trip to Bendigo was hard. The season highlight would have to have been on the trip to Tasmania. With two amazing wins and a great bonding experience it was here our season really came together. With lots of laughs and enjoyment the team is looking forward to building into 2023.

Jacqui O'Neill



PROUD TO BE A SABRE

Rachel Jarry, on the weekend announced her retirement at the end of this NBL1 season, and what an incredible career she has had!

Rachel has smashed out 58 games to date as a Sabre and has another 4 to come. Her 2022 season sees her averaging 14.54 points per game and 6.18 rebounds per game.

We are so proud of you and everything you have achieved and wish you all the best with your future endeavours.

Among other things, her career achievements:

- AIS Scholarship holder in 2008/2009
- 2010 SEABL MVP with Ballarat Miners
- 2-time Olympian (London in 2012 winning a bronze medal – at 20 years of age, 2016 in Rio)
- 2014 FIBA World Championships in Turkey (bronze medal)
- Drafted by the Atlanta Dream in 2011
- 2013 WNBA Championship with the Minnesota Lynx
- WNBL Championships (Southside Flyers 2020 Bulleen Boomers 2011)
- Played professionally in France

Her Sabres career (58 games with another 4 to come), so she could finish on 62 games for Sandringham across 5 seasons.

2018 – SEABL, 16 games

2019 – NBL1, 20 games

2020 – NO NBL1 SEASON (due to COVID)

2021 – 11 Games (interrupted due to COVID)

2022 – So far 11 games (4 to be played)



NO RESPITE!

So we've already started tryouts for 2023. Which is insane. It shows how quickly the season moves onto the next one once the previous one is finished. This time last year we were still in the middle of enforced lockdowns so we have certainly come a long way. It has been a thrill to see so many children back playing basketball at a rep level post-pandemic. In 2022 we had 41 teams playing across both boys and girls programs this season and we experienced a number of successful seasons across different age groups and both genders. Congratulations to all of the teams that made their respective finals series' and particular congratulations goes to the teams that won their Grand Finals. It's just reward for a great season. Importantly, our club is extremely healthy and looking to make more improvements into 2023.

The club wouldn't be successful if it didn't have the support and assistance of the people that make everything work. Nathan and I are grateful that we can do this job, working daily with likeminded people who are passionate about basketball and player development. This is what makes it enjoyable for us.

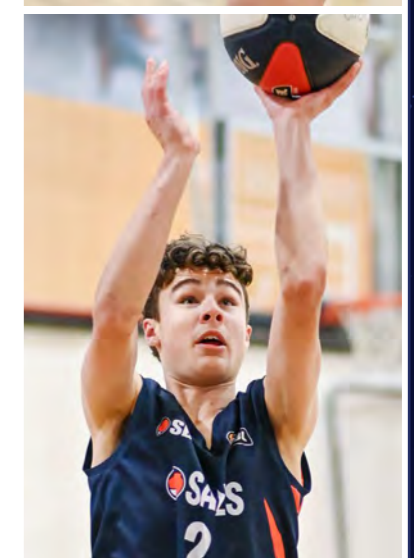
So to that end, we want to thank all of the coaches who were with us in 2022. Coaching basketball at the VJBL level in Melbourne takes up a lot of time and energy. The majority of our Sabres coaches are volunteers or parents willing to help out. We want to recognise their sacrifice and the guidance and expertise they provide to their players.

We want to thank all of the parents for driving their children to games and practices. Late Friday night games across Melbourne during winter when we'd prefer to be getting ready for the weekend can be challenging for all of our families. Your efforts don't go unrecognised.

Finally, our players who have worked hardest on the court since tryouts in late 2022. Thank you for early morning training sessions, late night games, tournament weekends, juggling multiple sports, trying to complete school-work, holding down part time jobs and also spending time being kids. We've seen great growth in the program because of you and the sacrifices you have made to improve yourselves.

If you can walk off the court each time you train and know that you gave your best effort and that you tried new things (even if it meant you made some errors) then you can be sure you're on a path to improvement. The VJBL calendar doesn't give you any respite, but the important thing for now is to get some rest and be ready for 2023!

Simon Giovannoni and Nathan Crosswell.



OUTSTANDING ACHIEVEMENTS



Shea had an amazing first year with the Sabres in 2023. From the first game he played in the orange and blue he was on fire, averaging 23PPG 5.69APG 5.81RPG across the season, stuffing the stat sheet every week. His ability to impact the game at both ends of the floor was a highlight. He is a winner; we started the season 1 win and 4 losses and from the minute Shea and the other Melbourne United players join the group we went 15 wins and 2 losses and finished in 4th place. Given Shea's performances throughout the season, I want to congratulate him on winning the NBL1 South MVP, Defensive Player of the Year and making the NBL1 South All-Star 5.

Nathan Crosswell



BIG V MVP

Campbell had a breakout season playing for our VVCM team. He grew in confidence as the season went along and was afforded opportunities along the way to play in our NBL 1 team which really helped with his development. Campbell helped the team to finish in 4th position after the regular season. His efforts were rewarded when he was named MVP, All-star 5 and leading scorer of the VVCM competition. Campbell has also impressed Melbourne United as he has been named as a full-time training player for the 2022/2023 season. Congratulations Campbell.

Nathan Crosswell.



EXCITING FUTURE DEVELOPMENT

12.1 boys had a great season grading quickly into VC and finishing in the top 4 to qualify for National junior classic. Boys then qualified for VC champ division making finals and progressing through to the semi finals only to lose by one point finishing the season. Highlights for the season definitely the individual improvement and becoming more aware of team play.

Quite possibly the best games as a team were the two losing games one in national junior classic going down by couple of points after having a good lead to a grand finalist, the second losing VC semi-final by one point in a thrilling game.

The team from Casey who won national junior classic and Victorian championships we only got to play once during regular season in which we won by 12 points. Looking forward to seeing the future development of players who are just starting their basketball Journey.

A special thanks to Karl King and Matt Williamson for all the effort they put in throughout the year.

Mike McInnes



2022 U12 B1

1 Benjamin Simpson 5 Levi Nicolaci 7 Piotr Madziala 21 Angus Dixon
23 Roark Williamson 25 Harrison Lonsdale-Coates 27 Liam Fouche
35 Harrison King 47 Hugo Washington 63 Daniel Sonogan
Coach Michael McInnes Assistant Coach Karl King Team Manager Matthew Williamson



2022 U12 B2

4 Jensen Ciabotti 9 Campbell Arundel 11 James Murray 15 Toby Cooke
19 Fergus Riddle 35 John Simon 39 Aiden Leonard 41 George Aujard
55 Austin Price 74 Lachlan Kirwan
Coach Paul Young Team Manager Brad Murray

HEADS UP AND FIGHT FOR RESULTS

Firstly - congratulations to the boys for a really hard fought season and one where there has been a lot of learnings and just getting back to basketball and playing regularly and at a high standard.

Overall, we had a bit of an inconsistent season where we won some games perhaps we didn't expect to but we also lost some games that we perhaps expected to win. We started the season off ok through grading and graded where I believe we should have placed. We competed in a couple of tournaments throughout the course of the season, making it to the semi finals for one which was a great effort for the team. At the halfway mark of the season we were around the top 5 which we needed to be for finals, but after the break we came back and got on a bit of a roll and strung together some very good wins with the boys playing some great basketball and that set us up for our run home to finals. Whilst the finals series of games didn't play out as we hoped, we played well enough to make finals, which was the goal for the season, but unfortunately we lost in the first round and were knocked out despite a massive effort from the team in the last game despite a slow start to the game.

Full credit to the boys throughout the season - at no time, regardless of the score, did the guys drop their heads or give up, they fought every game out right to the end which, as a coach is all you can ask from the team. Special thanks to Brad for a great job as team manager / assistant coach / fill-in for training etc and thank you to all the parents for their time and effort through the season in getting the boys to training and the travel to some far away games - your support has been greatly appreciated.

Finally to the boys in the team, congratulations to all of you - great effort first season back after a long time off and I wish you all the best for the coming season.

Paul Young

U12 B2

SOMETHING SPECIAL

What a Team! The U/12-3 boys created something really special this season. After we lost a couple of grading games in December last year, they came back stronger than ever in the new year, going on a ten-game winning streak qualifying for VJL2 and winning their first 5 games of the regular season. With all that momentum, the boys entered their first tournament together, winning the B Grade Grand Final of the SEJBT Tournament on our home court of Crt 2 against a team that was in a league above us in the regular season. Over the Easter break, our phenomenal Assistant Coach Rhys, led six of the boys to the Adelaide tournament. Again, the boys played excellent over the weekend & won the B Grade Grand Final. After such a strong start to the year, the team got a reality check in rounds 6 & 7 against Southern Peninsula's 1st team & Nunawading's 2nd team, going down on both occasions by double digits. This proved to be the spark the boys needed to improve their team defence & offensive skills. The boys would go on to win 8 out of 11 games to finish the season in third position on the ladder with the best defensive record in the league.

We got a chance in the first week of the finals to seek revenge on Nunawading who beat us both times during the regular season, with one of those in controversial circumstances,

this is when "We took it personally". The boys succeeded and earned a Qualifying Final match up against top of the ladder Southern Peninsula. The boys played their hearts out on Coach Rhys' old stomping ground in Frankston and won in our best performance yet by 1 point. This allowed us to advance through to the Grand Final to match up against Nunawading in the big dance. With a great showing out of support from the crowd in their orange & blue, the boys stepped up and put on a show, winning the Grand Final by 16 points and being awarded U/12 Boys VJL2 Premiers! A HUGE thank you to our incredible Team Manager Chis Mwaba for all your support in organising everything for not only our team but for the NBL1 Women's Sabres team too! Such a massive commitment! We really appreciate you! Another HUGE thank you to Coach Rhys, I really appreciate your assistance at training & games, taking extra holiday training sessions & coaching the team in Adelaide. With your wisdom, knowledge and passion for the game, the boys were so lucky to learn from you.

I'm so proud of all the boy's efforts this year! It was such an enjoyable experience. I look forward to following the boys Sabres journey for years to come.

Dave Marsh



SABRES

3 Jamie Pretli 29 Liam Holmes 30 Callan Dudd 37 Jordan Bosman
43 Harry Mason 45 Eden Molony 51 Charlie Myers
70 Oscar van Kouwen 78 Max Newsome 82 Lachlan Gratz
Coach David Marsh Assistant Coach Rhys Newsome Team Manager Christopher Mwaba



SABRES

5 Liam Richardson 13 Spencer Foster 17 Drew Skinner 24 Fletcher Ballinger
31 Harry Hopgood 33 Thomas Kelly 50 Joseph Eaton 55 Joe Bade
66 Harry Ford 73 Maxwell Irlam
Coach David Riggs Team Manager Sarah Skinner

IMPROVEMENT THE HIGHLIGHT

The year started with a team made up of former rep players, and some that have never played that level. It's always a challenge to get players to a level as quickly as possible, so it's pretty intense for the boys for the first few weeks. Most of them adjusted well, and we graded in VJL3 which was a good result.

The challenge for us was attendance, with covid, injuries and illness meaning only 6-7 players at trainings and some games. This makes it difficult to teach playing styles, but we always did a lot of individual skill work which will hold the boys in good stead for the future. Having said all that, we only missed finals by 1 game, and did well in the tournaments we played.

The improvement in the boys has been a highlight for me, and I look forward to following their careers as they progress through the ranks at Sabres.

I wish to thank Sarah for her tireless efforts as Team Manager, and Nathan and Simon for their support and guidance.

David Riggs

COMMITTED & WILLING

The mighty 12.5's boys team had a successful season finishing second on the ladder in their pool and playing 2 competitive finals at the end of the year. All players showed great commitment to training and a willingness to improve their basketball skills, as well as their own personal growth mindsets. The boys learnt the hard way early with two draws, and two one-point defeats after being in front but this allowed them to grow, try different things and work together to have a strong end of the season. A double overtime win in the Queen's Birthday tournament was a highlight and really brought the team together. Well done to Freddy Gibbs for winning the MVP, and Harry Bright the coaches award as both boys always remained positive, worked hard off and on the court and provided great energy to the team all the time.

Looking forward to seeing what all the boys do next on their basketball journey. Many thanks to Nathan and Simon for their coaching support, Max as my coaching partner in crime with the 12.6's, and Cassie for all her efforts as team manager.

Marty Gibbs



SABRES

2 Max Farr 4 Jake Barr 6 Hugo Fischer 12 Finn Hawkins
16 Alexander Smith 18 Dane Onley 22 Jaxon Tuffin 5 Samuel McFarlane
49 Samuel Murray 51 Koby Lynch
Coach Max Roberts Team Manager Catherine Farr



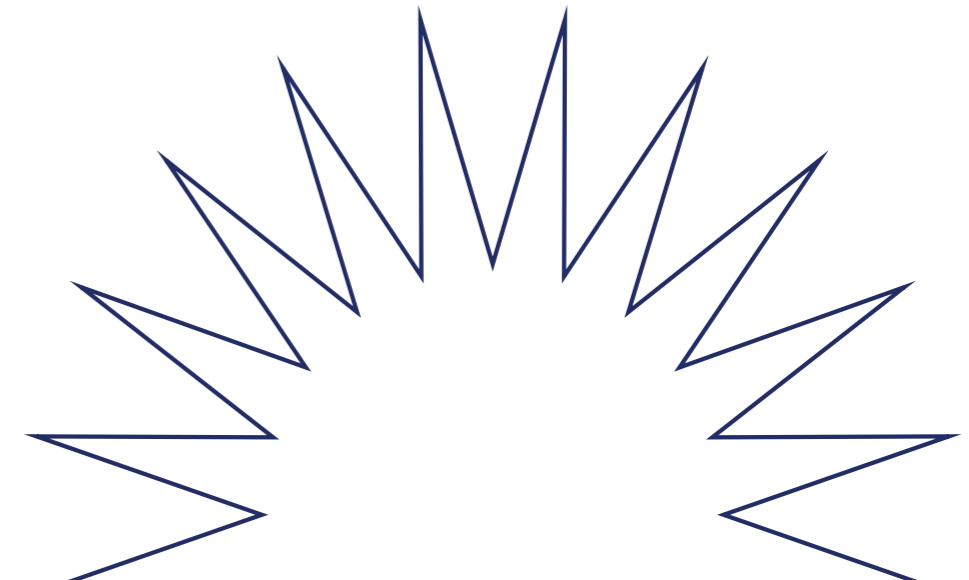
SABRES

8 Gus Gadsden 10 Frederick Gibbs 16 Lenny Nunn 20 Java Barlow 26 Ethan Zhong
28 Jack Lewis 30 Hamish Macpherson 44 Jordan Arhondis 60 James Elia 67 Harry Bright
Coach Martin Gibbs Team Manager Cassandra Jones

GREAT PREPARATION

I'd like to thank all the coaches who supported and mentored me throughout the year. Whilst my boys had very challenging season in pool 4, they were exposed to a high standard of basketball that I believe will give them the best preparation heading into their next season in the sabres program.

Max Roberts



ON COURT



U12S



U12S ON COURT



EAGER TO LEARN

The 12.1 girls were made up of mostly former rep players, and a couple new to the Sabres rep program. The girls were eager to learn and get training hard right from the 1st session we had together. Our first goal as a team was to qualify for VC before Christmas, and we were able to go undefeated in the grading phase which meant we were able to achieve this goal. The girls all worked hard individually over the summer break, and their improvement was evident as we were able to win the Dandenong Eltham Tournament.

We remained undefeated until April, and were able to achieve another goal of ours which was to qualify for the National Classic Tournament. The girls were able to compete against the highest level, and came away with the bronze medal which is an amazing and memorable achievement for all of them. We then experienced a few tough losses in the 2nd half of the season, however still finished top 4 and played in 2 competitive finals.

The improvement in the girls has certainly been the highlight for me, and I look forward to following their careers as they progress through the ranks at Sabres. I would like to thank Simon and Nathan for their support and advice throughout the season, and I can't wait to continue learning from them.

Abby Riggs



SABRES

9 Mia von Gleichenstein 19 Jade Sullivan 21 Belle Rousell 23 Zahra Hele 31 Sara Tsaousidis
34 Eliza Oliver 45 Emilia Cass 47 Tessa Connolly 60 Amelia Chamberlain
Coach Travis Rousell Assistant Coach Sophie Sullivan Team Manager Samantha von Gleichenstein



SABRES

3 Bela Bajic 5 Milly Surkitt 8 Emily Crosswell 15 Lucy Watterson
29 Imani Duggan 30 Nicola Hordejuk 33 Chilli Nowak 43 Willow Bridge
51 Summer Blanche 56 Lucy McGlone
Coach Abby Riggs Assistant Coach Richard Hordejuk Team Manager Kristelle Nowak

WORKED ON TEAM GOALS

A great season, of fun, basketball and learning for the Sabres U12.2 Girls. Our girls all worked hard, paid attention, extended their own games and contributed to our teams great performance throughout the season.

Over the course of the season, our girls all took their opportunities to play, and every player made key contributions to our team success. A very even balance across our team allowed us to maintain our level of results through various challenges with injury, illness and availability. Some of our notable results for the season include:

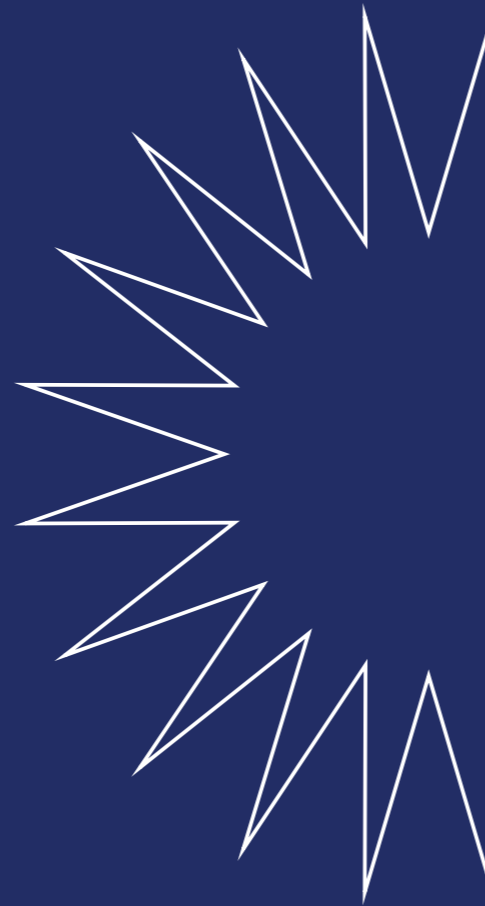
- Won South East Junior Basketball Tournament(SEJBT)
- Finished 4th in VJL1(P1) grade
- Won Elimination Final(36-31) v Nunawading 2
- Falling in Semi-Final(22-32) to Casey 2

Travis Rousell

CAME HOME WITH A CHAMPIONSHIP!

The 12.3 Girls placed in VJBL2 and ended up finishing the season in second place. Every player showed great improvement over the course of the season, and I loved coaching them! Winning our Grand Final after a tough finals series was a huge thrill and just reward for a great season! Thanks to Ben Stainforth my assistant coach and to Michelle for being our team manager. Thanks to all the parents for their efforts during the season.

Gabby Goldab



SABRES

7 Harriet Gallagher 9 Gia Hilton 13 Ella Hawkins 17 Sasha Stainforth
27 Zoe Sedunary 35 Eloise Tuohey 37 Scarlett Withington 39 Bonnie Laga
41 Holly Savic 49 Lila De Santis
Coach Gabby Goldab **Assistant Coach** Ben Stainforth **Team Manager** Michelle Stainforth



SABRES

1 Summer Marin 7 Elizabeth Sallabank 18 Milla Beames 26 Matilda Monaghan
28 Abigail Morris 32 Ava Nolan 44 Samantha Billing 54 Nelida Ackerman 58 Amelie Carruthers

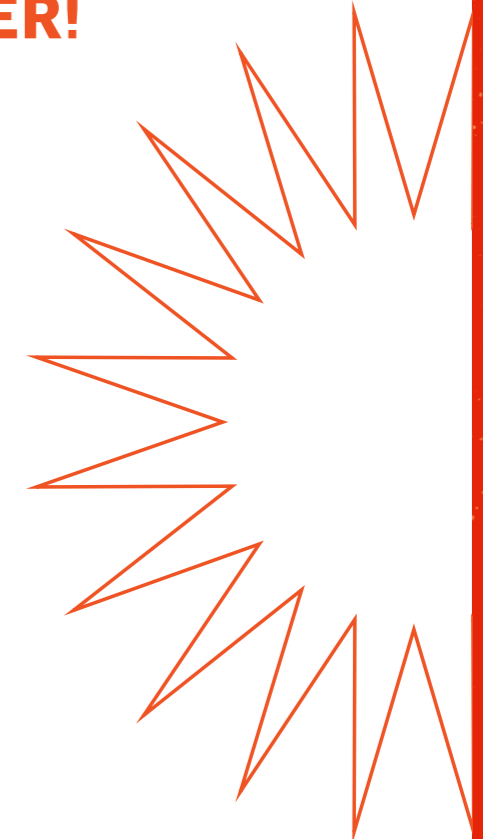
Coach Sally Gittus **Team Manager** Tim Nolan

SUPPORTED ONE ANOTHER!

The 12.4 girls graded very highly into vjbl2. This was a great achievement for a bottom age team however it meant the girls had a tough season and came across some very good and much bigger opposition. Despite only winning one match and drawing another, the girls improved tremendously, tried their hearts out each week, had fun and supported one another as teammates throughout. It was an absolute pleasure to coach this group of girls and I wish them every success in the future.

A big thank you to all of the parents and special recognition to our team manager Tim Nolan for all of his work in 2022.

Sally Gittus

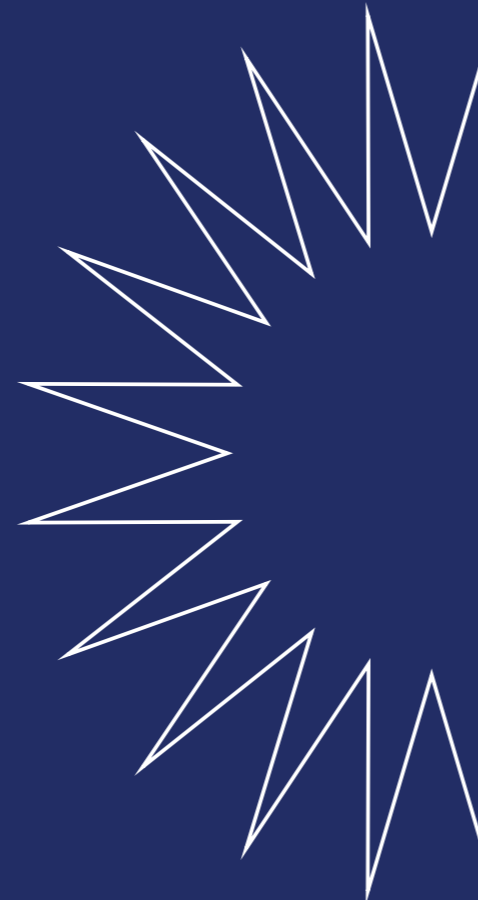


EMPHASIS ON IMPROVEMENT

What a great first season of Sabres for these amazing girls. They have been a wonderful team to coach and it's been great to see the friendships been made on and off the court.

The season as a whole has been great success, not only as individuals but as a team with the girls making a preliminary final - a fantastic effort. With all the playing and training it was great to see the improvement in skills and teamwork from all the girls.

Adam Donovan



SABRES

2 Maybelle Delaney 6 Tayah Donovan 20 Isla Lettieri 24 Juliette McDonald
25 Summer Lettieri 39 Gemma Geer 46 Harriet Pinnuck 62 Alexandra Done
64 Mackenzie Brown 72 Ella Souter
Coach Adam Donovan **Team Manager** Melinda Lettieri



SABRES

10 Keeley Fletcher 16 Ashleigh Hooker 40 Maya Withington 45 Shyla Pask
50 Eliza Cregeen 62 Kennedy Grant 65 Maia Livolti

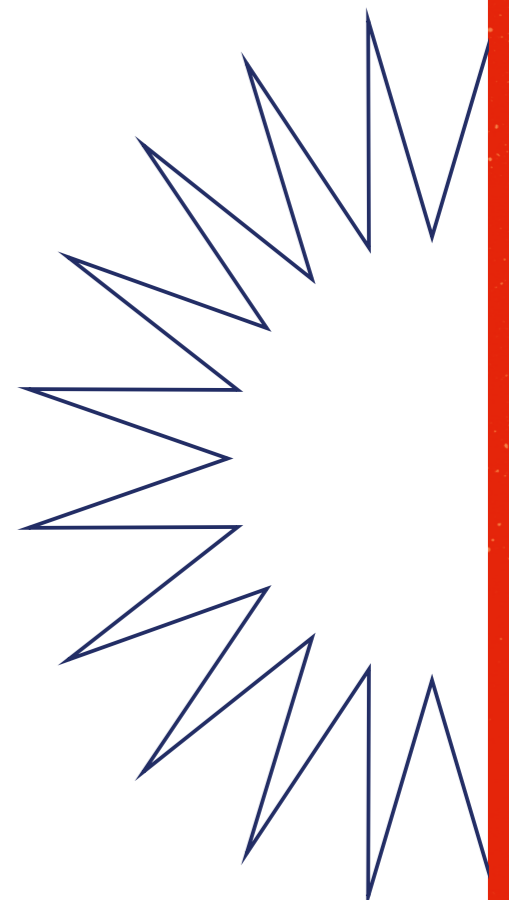
Coach Marty Pask **Assistant Coaches** Tegan Mouncer & Jacob Boyle

WILLINGNESS TO LEARN

Season 2022 was a wonderful opportunity for these young girls who played their first full season of representative basketball. Our girls, some as young as 8 and 9 displayed a strong willingness to learn and improve.

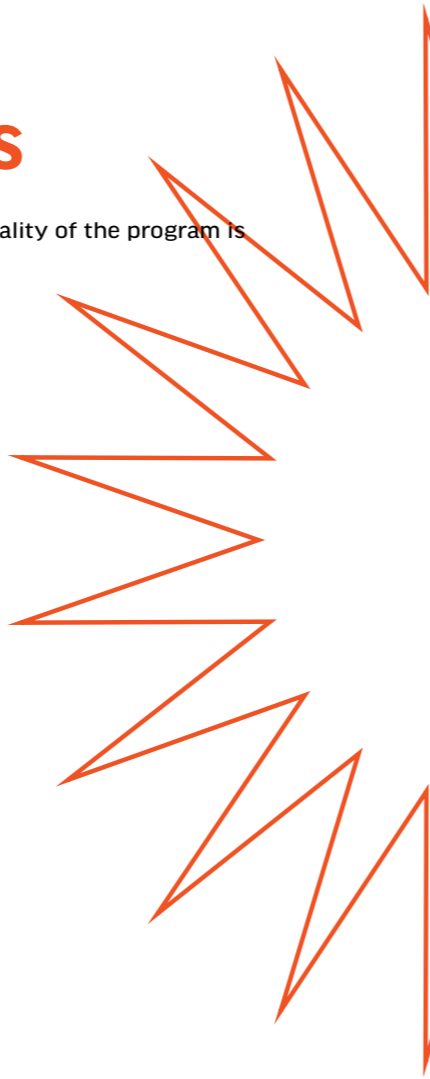
Our season saw us make it to a preliminary final where we only lost 3 games for the year. A wonderful outcome and reward for such commitment towards each other. Let this be the start of many more seasons in a Sabres uniform.

Marty Pask



INTEGRAL TO OUR SUCCESS

The domestic program is incredibly important to the Sabres success. The quality of the program is linked to the Sabres success on court as well.



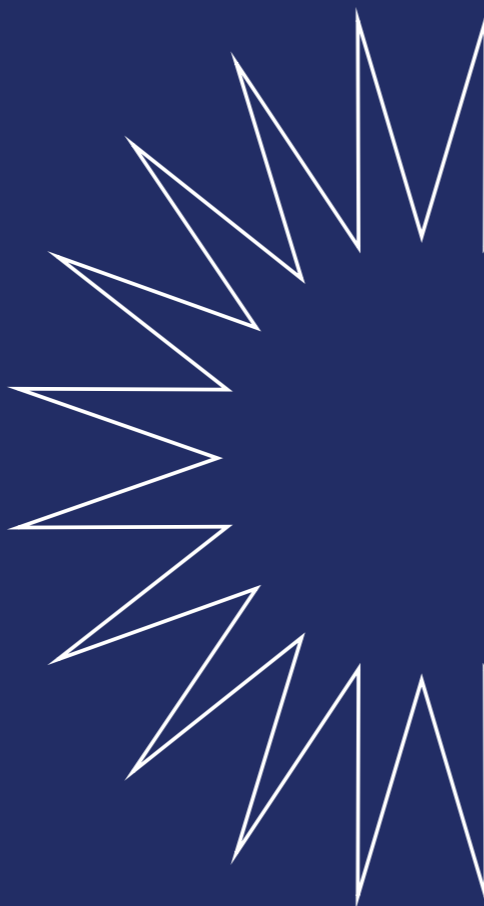
SETTING TEAM GOALS

Our team started the grading season with great enthusiasm after a couple of previous seasons were cut short. The VC qualification happened in grading phase 1 which enable us to play some practice games in phase 2 in readiness for the season proper. Our goal for the first half of the season was to qualify for VC in the second part of the season and be invited to the junior classic, and these goals were achieved. Heading into the classic we were excited about the opportunity in front of us.

We played some of our best basketball in this tournament and were able to make it through to the medal round of the finals. The team secured an impressive overtime win for a bronze medal. The second half of the season was very competitive each week and we were able to qualify for the VC finals. Our team trained hard throughout the season and this resulted in our on court success.

A special thank you to our assistant coach Steve Brown and team manager Mel Darker for their tremendous contribution to our team.

Angus Cotton



2022 U14 B1

SABRES

1 Max McGlone 7 William Scalzi 8 Basil Risvanis 11 Ashton Coleman 19 Josh Lewis
29 Aidan Taylor 31 Isaac Dowling 39 Darcy Harwood 65 Maxx Newton 67 Henry Darker
Coach Angus Cotton Assistant Coach Stephen Brown Manager Melinda Darker



SABRES

3 Benjamin Ruddock 13 Samuel Robinson 69 Isaac Herman 23 Lachlan Probesch
33 Christopher Lucas 37 James McFarlane 49 Oscar Luxmoore 53 Lincoln Sharpe
55 Sonny Lockyear 71 Ryder Davis
Coach Michael Sharpe Assistant Coach Jeremy McFarlane Team Manager Sarah Robinson

2022 U14 B2

GREAT TEAM BONDING

Our season started off strong, winning all bar one grading game and making VJBL2. This grade was well suited to us and every game every week was competitive, which was great for the boys. When we turned up ready to play we generally won the game and when we didn't we lost, most of our losses were under 5 points margin and we constantly discussed how to be game ready, focused and zoned in on the job at hand. No so easy for 12 and 13 year old boys! We narrowly missed finals on percentage and felt if we made it we would've really had a chance to go far.

The boys have all developed mentally and physically as they head to Under 16 basketball each one is well equipped to make the 2023 program. The highlight for me was training week in week out with our 14.1 VC team, the Monday night scrimmage was a test every week and I'd like to thank Angus Cotton for his help all year with training sessions and coaching guidance to me, along with the opportunity for our boys to see the difference of top grade basketball. You gotta aim high and want to beat the best!

This team of boys formed a great bond throughout the season and they are a great bunch of kids. I've noticed them all catching up at our NBL1 and VYC games outside our own team schedule and I've enjoyed seeing the boys develop and improve their own domestic performances on Saturday's.

Thanks to our super Team Manager Sarah Robinson and Assistant Coach Jeremy MacFarlane along with the fantastic and very supportive parent group we had this season. Looking forward to seeing you all back next season bigger and better!

Michael Sharpe

U14 B2

GIVING 100%

A great season by the Boys. The season started well with the team doing a good job in grading while at the same time learning a lot of new concepts on the Sabres Style of Play, and getting to know each other. The boys fared well during the season, just missing out on finals in a three way countback.

The team have been a pleasure to coach, have consistently given 100% on the court and have been open to trying out a few new things as well as understanding that it's ok to make mistakes as that's the way to learn. Thanks a lot boys for all your efforts, it has been a really enjoyable season.

A special thank you to the parents who have driven their sons to training and games and have provided great support to them as well as myself and Luke. Thanks to Liz for her fantastic management of the team and to Luke for being an awesome assistant coach.

Matt Tuohy



SABRES
 10 Harrison Crosswell 15 Angus Aujard 18 Henry Gibbs 24 Tex Robertson 32 Lachlan Donohue
 35 Jacob Murphy 38 Andrew Bourke 11 Gilbert Etienne 68 Kieran McCarthy 76 Lachlan Smith
Coach Scott Harvey **Assistant Coach** Russell Robertson **Team Manager** Adam Donohue



SABRES
 13 Hamish Robinson 14 Patrick Tuohy 17 Ben Nish 24 Harvey Russo 25 Leon Ballinger
 27 Taj Pucella 43 Kobe Williams 57 William Meehan 59 Benjamin McDonald 93 Spencer O'Shea
Coach Matt Tuohy **Assistant Coach** Luke O'Shea **Team Manager** Elizabeth O'Shea

AMAZING SUCCESS

Season 2022 proved to be an amazing success for the Under 14.4 side.

We got off to a flying start by winning all our grading games, seeing us successfully qualify for pool 6. This was no small feat, given we had mostly bottom age players and a couple of boys new to the Sabres program.

Being one of the smaller sides in the league, we had to make sure that our style of play was fast and smart. The boys did a fantastic job all season playing as a team while also improving their individual skills.

We ended the regular season in second spot with a tough finals campaign ahead of us. We won the first game in overtime to Eltham. We then met top of the ladder, Ringwood, in the second round and unfortunately went down by 24 points. To the boy's credit, they didn't let this loss impact the preliminary final against Casey, as we went on to win by a convincing 32 points. We took this focus into the Grand Final where we were able to overrun Ringwood by 10 points to win the whole championship!

It has been a great privilege to coach these young athletes this year. They all improved their basketball, listened and took on all the advice that was given to them by coaching staff.

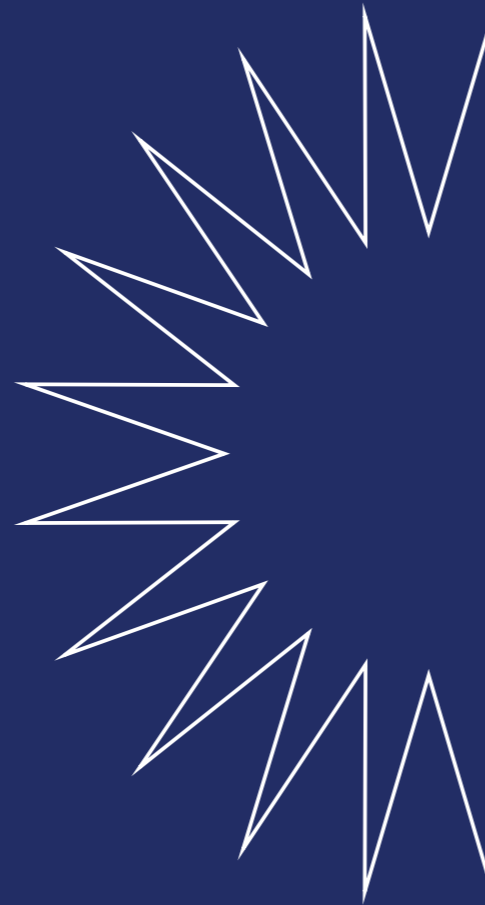
I would like to thank my Assistant Coach, Russell Robertson, for all his hard work this season and for ingraining an elite mindset in the boys. Thank you to Adam Donohue, our team manager, for organising everything. Also, a special thanks to Nathan Crosswell for assisting with trainings, coaching and being an educator to myself as well as the team.

Scott Harvey

A REWARDING EXPERIENCE

This season the 15.5 boys showed great development from the first game to the last. At their best they showed that they could mix it with the top teams and were one of the few teams to beat the grand final winners. They were very competitive and ended up just missing out on the finals. Throughout the season the boys worked hard on playing together as a team and running the team plays. There is nothing more rewarding than coaching a great bunch of boys.

Shannon Bowles



SABRES

12 Aaron Zhang 14 Tyler Kinzett 20 Parker Owen 26 Cooper White 28 Tom Ovenden
34 Tate Onley 42 Lachlan Angus 48 Joshua Mooney 56 Nicolas Barton 84 Alex White
86 Ash Louey
Coach Ben Ovenden Assistant Coach Jason Louey Team Manager Melinda Onley



SABRES

6 Max Meredith 31 Levi Hoare 40 Xander La Prade 65 Ethan Jones 2 Thomas Robins
18 Max Farr 46 Jack Smith 30 Samson Ivanidis 16 Cooper Bowles 80 Flynn Jansen (Absent)
Coach Shannon Bowles Team Manager Rebekah Freeman

NEW LEVELS REACHED

With a pandemic still 'looming in the air', the 14.6 Boys embarked upon our first 'full season' of Rep basketball. Our grading was pretty successful and it became obvious what a great group of boys we had when they decided that everyone on our team needed to score during one of our more uneven games- which was done respectfully to the opposition but lead to some comedic moments!

Having graded in the opposite side of the same pool as our 14.5 training partners (VJL7), our early season was revealing of the path our season would ultimately take- ie. being confronted with the additional speed, size and pressure brought about by well drilled, higher level teams whilst somehow managing to draw twice in two weeks! Friday 1st April (a coincidence?) brought with it three main things -our first fully fledged attempt at playing a new style of play, the prospect of junior footy season and Sunday squad training, and farewelling our feisty point guard and post-game entertainment coordinator Tyler (with 'on-camera' exit interview courtesy of Whitey) at Mornington Maccas - a night that our social culture never truly recovered from!

Ultimately we finished mid table, but as competitive as everyone is, and should be, this season was all about development and expectations, rather than results. As a completely bottom age u14 team we were able to compete well against similarly composed teams and as difficult as it was to get consistent numbers at training and games, hopefully we've developed a sense what of what the expectations are moving forward in an elite basketball pathway- while never forgetting creativity and fun! (P.S If it's any consolation we were the highest ranked solely bottom age 6s - and possibly other level- team in the VJBL!)

Ben Ovenden

SO MANY ACCOMPLISHMENTS!

The 14.1 Girls had an amazing season with many accomplishments in what is almost all of their first full season of Rep basketball. With 5 bottom age players in the team, they started off strong by making VC in the first round of grading. The team then proceeded to win all 3 of their XX games against the other VC teams prior to the start of the season. Following this the team proceeded to finish 2nd in our half of the VC league earning us a trip to the Club Nationals held in Sydney, late September.

Also qualifying for the National Junior Classic, the girls had promising wins in this tournament against 3 other teams that will be travelling to Club Nationals defeating the Illawarra Hawks by over 30 points and the Norwood Flames on the buzzer by 1 point as well as the VIC Country Champions, Warrnambool by 1 point. The following week they Beat the (at this time 10-0) Casey who is also heading to Sydney. A massive thank you to all the parents, Dani and Ct for everything you've done this season to make it as successful as it has been!

Cal Charge



SABRES

1 Tiana Bajic 3 Taya Woolhouse 4 Holly Kearney 16 Ruby rose Marsh
17 Tessa Finch 18 Kate OBrien 31 Dakota Ibbott 32 Serena Lee
38 Jasmine Chilco-Burns 53 Madison Ryan
Coach Cal Charge **Assistant Coach** Callum Taylor **Team Manager** Danielle Kearney



SABRES

5 Sienna Widger 6 Lexi Johnston 9 Alice Robertson 10 Mackenzie Beaumont
25 Olivia Mouncer 27 Lexie Turner 37 Sienna Forde 41 Pippa Cameron
49 Chloe Law 54 Rachael Verwoert
Coach Lincoln Trainer **Assistant Coach** Lisa Mouncer

A SEASON OF HIGHLIGHTS

It was great to finally get to play a full season of Rep in 2022 but like a lot of teams, the 14.2 Girls were hit by illness (plenty of Covid and isolation) and injuries which really impacted the team's final results for the season. The girls played really well during grading and landed nicely in VJL2. After a tough season with plenty of competitive and close games- 2 draws and 6 games where we lost by less than 4 points, the ladder results failed to reflect the competitive nature of our season. We drew with one of the teams that made it through to the Grand Final and lost by 1 point and 3 points to the other team in the Grand Final.

Highlights of the season include a mini bus trip to Korumburra for our first grading game and having McDonald's in the car park on the way; a team swim and fish and chips at Half Moon Bay; and the many team meals and swims that we had together in Adelaide at the Easter Classic. It has been a pleasure to have coached the girls this season. They have all worked really hard and each player has improved both their individual and team skills over the course of the season.

A big thank you to Mel Forde for keeping us organised and being an awesome Team Manager!

We wish all of the girls the very best of luck with their basketball in the future!

Lisa Mouncer & Lincoln Trainer

DEDICATED COMPETITORS

The 2022 Sabres season will be one that our 14.3 girls will never forget. Blessed with 10 of the most dedicated competitors, our group played for each other and enjoyed the ultimate success by winning our VJBL Grand Final. From day one, our focus was to enjoy the journey, stick to our processes and understand that the final destination for our group would be the result of our ability to stay in each moment. In 2022, we played 26 games and only lost 2 of these. This incredible feat included a 17 game winning streak and culminated in a Grand Final victory beating Waverly by 8 points.

While our success was sustained, the season was not without its challenges on the back of broken wrists, broken fingers, injury and illness but we always found a way to fight it out. Hattie and Kara fought hard all year with amazing rebounding and scoring from the paint, our guards Noa, Lucy and Mila looked after the ball, got our offense in shape and led our transition defense. Macey & Annabel brought the energy and held down our #3 spot with conviction while Zoe was one of our fiercest competitors. Evie wore her heart on her sleeve, led our scoring and was the dominant

player of our finals series which culminated in her GF MVP and end of season Coaches Award. Amelie was elite in defense all year, played multiple roles for the team, impacted the scoreboard and was a worthy winner of our MVP.

It's a privilege to be able to coach any team, but to have a group that buys in and commits the way these girls did is inspiring. A journey was shared for 10 months and when Evie hit a 3 on the buzzer in the Grand Final, it was the exclamation mark on an amazing year of basketball. Thanks to Steve for all his care and leadership as our AC & Sharon for not missing a beat as our amazing TM.

Well done girls, Go Sabres!

Aaron Wilcock



2022 U14 G3

SABRES

7 Noa Whytcross 11 Annabel Gratz 15 Macey Wilcock 29 Evie Taylor
39 Amelie Dixon 44 Lucy McKenzie 45 Harriett Schuh 46 Zoe Sharpe
51 Kara Maass 64 Mila Delaney
Coach Aaron Wilcock Assistant Coach Steven Whytcross



2022 U14 G4

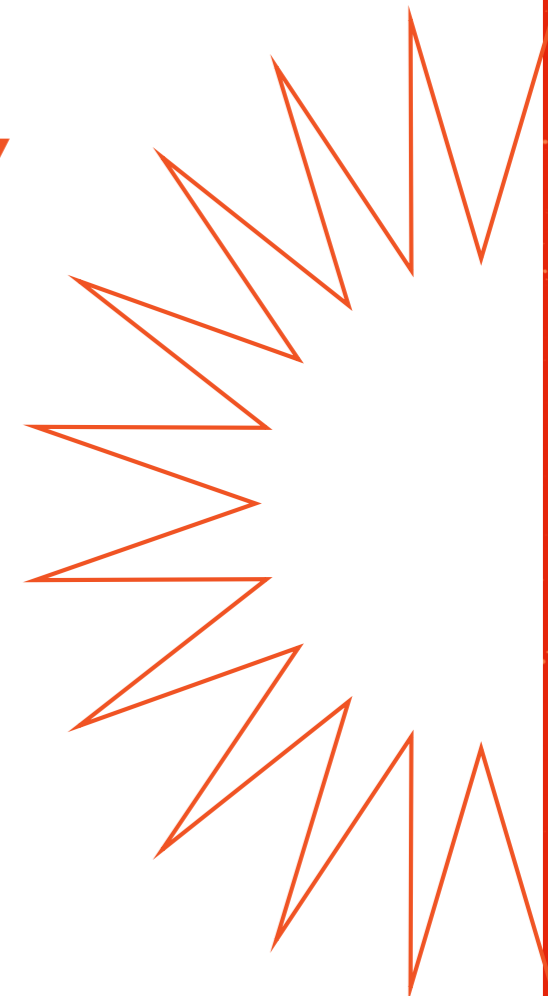
SABRES

2 Grace Barber 50 Stella Bloom 12 Sapphire Nowak
13 Mila Verbec 19 Angela Hooker 26 Olivia Renkin Onwuji
42 Felicia Zhou 62 Eadie Gersbach 84 Lily Parry
Coach Adam Bartosy Team Manager Martin Nowak

CONSISTENCY THE KEY

This year I had the pleasure of coaching the Under 14.4 Girls and after grading we finished in VJBL5 after a few good wins in our grading phase. We started off the season strongly and our defence in particular saved us in a couple of close 1-point wins. The girls played some very consistent basketball throughout the year using our speed to score with pace quite comfortably. Throughout the season each of the girls grew stronger together and built a great team bond ultimately placing us 3rd to finish the season. Unfortunately, we went down in our Qualifying Final by 1 point and then the following week in another close battle by 5. The girls played their hearts out but it just wasn't enough on the night. This team has improved significantly from the start of the season and I couldn't be prouder to have coached this group of girls. I'd just like to say a final thank you to the girls and parents' support for this season. Finally, I'd just like to thank Kristelle and Martin Nowak for their team managing duties! All your efforts didn't go unnoticed and were greatly appreciated by myself and the team!

Adam Bartosy



U14 G4

FACING CHALLENGES HEAD ON

This season I was fortunate enough to take on my first team as a head coach. Throwback to November, we faced some challenges which made us plan to work harder for the season to come. The girls participated in the Southern Peninsula and Australia Day tournament, which gave us a good insight into the standard of teams we could be competing against in the upcoming season. The first half of our season was challenging as we struggled to get a full team due to sickness and injuries, however, the girls adapted well to the change and became very resilient throughout the season. After the mid-year break, the girls had more passion and drive as we strived build momentum coming into the finals.

Southern Peninsula by a solid 28-point win, what a game! The following week we played Knox 4's and unfortunately, we couldn't get the job done.

All the girls grew and developed their skills and knowledge of the game throughout the course of the season and hope to see them continue in the Sabres program with years to come.

Many thanks to the parents once again, and to Simon for the ongoing support throughout the whole season.

Brigitte Bartosy

Having a few close wins up our sleeve- beating Knox 4s (2nd), Mornington 3's (3rd), this gave us the confidence and desire we needed to work harder at finishing in the top 5. We were thrilled to have finished 5th, resulting in us playing southern peninsula in our elimination final. An electrifying crowd on the night boosted our confidence. The highlight from that game was breaking down their full court press with our quick and sharp passes. We defeated



2022 U14 GS

SABRES

7 Sienna Sharp 8 Hayley Walsh 14 Georgia Leroy 20 Zara Long
22 Anna Best 36 Mia Starow 40 Tanishka Dash 55 Grace Ling 82 Isabella Mac Curtain
Coach Brigitte Bartosy Team Manager Sally Leroy



THE BIG DANCE!

Congratulations to our Under 14.1 Sabres Girls (players, coaches, staff and parents) on qualifying for the 2022 Australian Under 14 Club Championships to be held in Sydney, NSW September 25th to 30th. The girls have done an amazing job qualifying for this tournament. It has been a big 2022 for the team, after qualifying for Victorian Championship (VC) and competing in the National Junior Classic. The coaches and players have worked incredibly hard to get to this point and everyone within the Sabres program is extremely proud of the effort they have put in.




KUMON NATIONAL JUNIOR CLASSIC

U14 Girls Sandringham Sabres

SEASON 2022

Back Row: Cal Charge (Coach), Dakota Ibbott, Kate O'Brien, Madison Ryan, Tiana Bajic, Cal Taylor (Asst. Coach)
Front Row: Lexi Johnston, Taya Woolhouse, Serena Lec, Tessa Finch, Ruby Rose Marsh, Holly Kearney, Jasmine Chilco-Burns

©SPORTS IN FOCUS



U14S ON COURT

U14S ON COURT

DEALING WITH ADVERSITY

Season 2021/22 for this group is difficult to assess on just results alone as we were continually on the wrong side of many close losses throughout our entire season, including a heartbreaking one in a crossover against Waverley that would've qualified us for VC.

To the boys credit, no matter what was thrown at us throughout the season, they would always front back up to practice with an eagerness to get better and take away any lessons that needed to be learnt from Friday's game.

A highlight throughout the year was making the grand final of the South Eastern Tournament, where we beat a few VC teams along the way to play a strong Knox team in the final and show we could compete with all the teams who qualified above us when given the chance.

I believe the adversity the boys dealt with during the season and their want to improve, on top of their genuine love for the game, will set them up for some future success in the coming seasons.

Evan Vallance



SABRES

4 Joshua Blaikie 7 Fletcher Johnston 11 Cooper Wilcock 15 Lachlan Dalton
17 Tarj McGuinness 24 Zach Kovac 47 Archie Ludowyke 53 Aaron King 83 Max Weir
Coach Mark Findlay Assistant Coach Brodie Findlay



SABRES

3 Cohen Phillips 6 Kaleb Johnson 9 Joshua White 13 Zachary Veneziano
25 Gus Dowling 29 Tom Astl 37 William Finch 41 Ky Williams
48 Harvey Kenny 55 James Steryos
Coach Evan Vallance Assistant Coach Rob Williams

CAME TOGETHER QUICKLY

The team came together really quickly and we were able to play some great basketball. After the first grading phase we found ourselves in the VC grading pool which was a fantastic opportunity for the boys to play against the best teams, in fully timed games. Whilst we didn't win any of those games we were highly competitive and never blown away.

After the final grading phase and a couple of crossover games we landed in VJBL 2 which looked like a nice competitive grade for us where we could have a good crack. We had plenty of close games, some great wins, and a couple of draws.

Unfortunately, injuries and illness took their toll and we dropped some mid-season games that we shouldn't have. We managed to scrape into finals based on a head to head result.

We were eliminated in the first round by a much improved Casey team who we had previously beaten by a point and drawn with during the regular season, bringing our campaign to an abrupt end.

A strong focus was placed on teaching the boys the Sabres style of play which I think we achieved and the boys will be ready for next season.

Firstly, a massive shout out to Brodie Findlay for his contribution as assistant coach. He was a huge help on Friday games and was able to share plenty of advice and wisdom with the boys.

Thanks to Michelle for being team manager. In a season where kids were sick/injured, teams were forfeiting, games were rescheduled I really didn't have to do anything other than show up and coach which is the sign of a great TM.

Thanks to all the parents/guardians/carers who got the boys to training and games and for being a great cheer squad.

Finally, thanks to Lach, Josh, Zach, Fletch, Aaron, Tarj, Archie, Max, and Coops for a great season. There were plenty of good memories made and fun times shared.

For those that are continuing your basketball with Sabres next year, I wish you good luck and hope you do well in grading. For those that have decided not to continue, congratulations on your Sabres career and I hope you have enjoyed your experience and made some lifelong memories.

Mark Findlay

USE YOUR STRENGTHS

The season as a whole has been a success with the boys making a preliminary final a fantastic effort.

We had an up and down start to the season by splitting our first 4 games 2 and 2. Then we played Frankston away who were a top 2 team and came away with a great win and a lot of confidence as we changed the way we played. We started to use our strengths which was move the ball quickly up the court and use our speed and skill to open up the defence.

With there confidence up the boys won 11 of there last 14 games with a draw to finish the season with a double chance in 3rd spot.

We lost our first final than played some really smart Bball to win our semi than played our hearts out in the preliminary unfortunately to go down by 2 to the eventual premiers.

As a coach I have taken great satisfaction from seeing how hard these boys have trained and especially played with there individual skills improving as well as there teamwork, when these boys moved the ball quickly up the court it was fantastic to watch.

We had a mixture of top age and bottom age boys who came together on and off the court

with some great friendships made which was great to see whilst also having a few laughs along the way which made the season a fun one to play and coach.

Thank you to Mel and Jason for taking on the TM role keeping us all up to date with everything and running a smooth ship.

To all the parents Thank you for all your support over the season and driving the boys around it's been great to get to know you all and make new friendships.

To all the boys a massive Thanks you have been an absolute pleasure to coach and i'm sure we will see each other around the courts.

Adam Donovan



2022 U16 B3



SABRES

2 Archie Heck 5 Felix Pigott 8 Lachie Bourke 17 Nathan Page 21 Oliver Leskie
22 Eamon Tarr 27 Samuel Lawson 36 Xavier Hobkirk 42 Kobe Donovan 52 Alex Crawford
Coach Adam Donovan Assistant Coach Brett Leskie



SABRES

1 Thomas Hutchison 8 Jonah Coleman 10 Teddie Humphrey 14 Hamish Beazley 19 Sebastian Tsaousis
44 Zavier Arhondis 50 Harry Anderson 54 Tommy Beveridge 67 Finn White 84 Kieran Johns
Coach Konstantinos Tsaousis Team Manager Anna Beazley

2022 U16 B4

HARD WORK PAYS OFF

What a season to say the least. Just like every other team we definitely had our ups and downs during the season. We had a slow start to our season and took a while for us to get into our groove as a team.

A couple games in is when the boys really started to gel as a team and we started to see results. The boys really figured out their strengths as a team and what we needed to work on. All the boys were willing to work hard and do the necessary work to be able to grow as a team and improve.

The boys all wanted to win, you were able to see that during games and trainings, even after losses. It showed how much they cared. Heading into the back end of the season we really started to hit our strides, we had a 5 game win streak right before finals. We ended up finishing 4th in our Pool heading into finals.

Unfortunately we came up short in our first final and we're knocked out from the competition.

Regardless of the Result I couldn't have been prouder for the boys, All that hard work during the season and really locking in, putting our heads down and doing the work really paid off.

I saw every player on the team develop into much stronger and confident players. I couldn't have asked for a better group of boys.

Kosta Tsaousis

U16 B4

BRIGHT FUTURES

"The 2022 season was the biggest roller coaster for our u16.1 girls team. Summed up, we had 6 broken fingers, 3 ankles and COVID, which saw us play with 10 people what felt like 5 times this year. We were also dealt with road trips to Geelong, Bendigo twice, Ballarat, Diamond Valley, Keilor as well as 3 rescheduled Sunday games.

This made it pretty hard to keep any momentum going - but that didn't stop us - the girls were awesome! We had so much fun, and laughed through every week & every situation and each girl improved and developed their basketball skills as well as their basketball IQ. VC Reserve Finals was the story of our season, with two 1 point losses; just our luck.

Big thank you to TM Mary who was always kept on her toes by number of available players & venue changes and to the families for the support for us coaches & the girls during the season. Can't wait to see what the girls do next year & in the future.

Cassie Hill



2022 U16 G1

SABRES

3 Bianca San Jose 5 Yasmin Ishchenko 9 Josephine Friend 12 Melinna Kapetanas
22 Lily Newman-Morris 33 Remy Phillip 35 Remy Johnston 37 Indiana Shugg
42 Madeline Angus 55 Sierra Woolhouse
Coach Cassie Hill Assistant Coach Gregory Cornell



2022 U16 G2

SABRES

1 Olivia Murphy 7 Olivia Simurina 8 Lily Ballarin 15 Roos Feekman
25 Clementine Schuh 28 Grace Marinelli 40 Lucy Cracknell 45 Siara Obrien
51 Georgia Kapetanas 53 Lolah Obrien
Coach Heather Simurina Assistant Coach Merie Chenall Assistant Coach Tegan Mouncer

A REWARDING SEASON

The 16.2 girls enjoyed a very successful season. We graded in VJBL 2 after some exciting x-over games. The team then competed in the compulsory SEJBT Tournament held in March & we made it to the Grand Final undefeated. Tegan Mouncer joined the team as Assistant Coach after Round 1 & it was wonderful to have her on board.

We were competitive throughout the season, maintaining top 3 on the ladder and defeating every team in our division. Deservedly we made finals & played 2 rounds of finals before unfortunately getting eliminated.

It was satisfying after 2 years of COVID stops & starts to complete a whole season. Rewarding to see individual improvement & growth as well as team structures & concepts come to fruition. Congratulations to Lily on receiving MVP & Roos the Coaches Award.

Best wishes to all the girls in their future basketball dreams.

Heather Simurina

SOLID PROGRESS

The 16.3 girls had a fantastic season both on and off the court. The season started with an element of uncertainty, as players moved in and out of the team and I took on the coaching gig at the last moment. We quickly moved through this phase however as we played in the Grand Final of the Pre-season Tournament, also giving the team a chance to bond. Right from the start the girls created some great friendships which resulted in a positive and fun environment for the rest of the season.

Whilst we suffered some close losses during the season, the girls always kept their heads up, worked hard as a team and always gave 100%. I couldn't have asked for more. Congratulations to Bella for her MVP and Poppy for winning The Coaches Award. Thanks for a great season girls.

Luke Smith

Our 2 best wins of the season were our first and last games. The first game saw us beat Dandenong, who subsequently went on to finish 2nd on the ladder. Our best game of the season by far was our last game where we easily beat Mornington (4th on the ladder). It was a great way to end the season and just rewards for the girl's hard work throughout the year. 2 other notable games of the season were beating Kilsyth at Kilsyth with only 6 players and beating Mornington after the siren with free throws (Thanks Jess!).



SABRES

3 Emma Kombol 4 Isabella Clarkson 6 Charli Whitaker 18 Aliyah Voysey
19 Ellyse Bottomley 24 Reahn Orfanidis 30 Amelia Watterson
50 Maddison Reed 52 Isabella Blanche
Coach Sean Blanche Team Manager Dina Watterson



SABRES

10 Jessica Comas 11 Emily Gratz 17 Mila Bajic 21 Jorja Stahlhut 25 Poppy Nowak
26 Isabella Smith 29 Sienna Thomas 31 Honey Morrison 34 Imogen Parker
Coach Luke Smith Team Manager Brent Stahlhut

GREAT OUTCOMES

Coaching the U16.4 girls this season was an absolute joy!

To see those young athletes build chemistry through the season, apply discipline at training, and never short their teammates on effort each game was inspiring!

The outcomes spoke for themselves, with the girls notching wins against almost every competitor in our pool, who were mostly 16.3 teams.

To see their smiles when they knocked off top of the ladder, and stole nail biting wins on the buzzer, as well as the tears of friendship when the season ended, will remain with me forever!

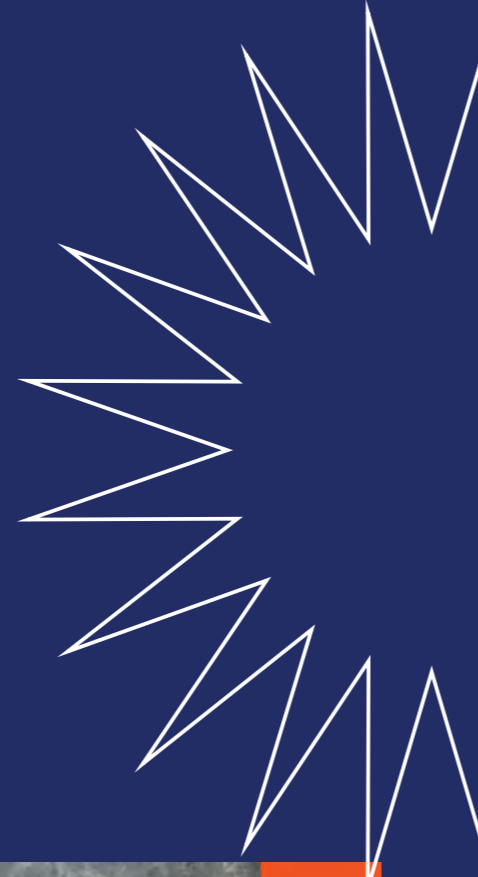
Sean Blanche

FOCUS ON DEVELOPMENT

The 16.5 Girls had a great year together, everyone got along well really from the get-go, and it was a fantastic group to coach! We had a lot of close games all year, being very competitive, especially against the top teams where some of our best games were played.

It was really great to see everyone develop throughout the year and become more confident with their basketball, a big thank you to the parents for all their support and to Mariela for being a wonderful team manager!

James McQuellin



2022 U16 GS

SABRES

14 Sophie McMinn 20 Juliet Gattuso 23 Avina Cunningham 27 Isabella Farrugia
29 Sienna Shepard 35 Kadence Del Castillo 44 Ella Harrison 47 Constanza Gelso
84 Georgie Miller
Coach James McQuellin Team Manager Mariela Bosco

SNAPSHOT OF TEAM PLACINGS

SABRES VJBL OVERALL PLACINGS

Team	Eliminated at...	Final Placing
12.1 Boys	Lost First Round	Top 8
12.2 Boys	Lost First Round	Top 5
12.3 Boys	Won Grand Final	Champions
12.5 Boys	Semi Final	Top 4
14.1 Boys	Lost First Round	Top 8
14.4 Boys	Won Grand Final	Champions
16.2 Boys	Lost First Round	Top 5
16.3 Boys	Semi Final	Top 4
16.4 Boys	Lost First Round	Top 5
18.1 Boys	Preliminary Final	Top 4
18.4 Boys	Lost Grand Final	2nd



SABRES VJBL OVERALL PLACINGS

Team	Eliminated at...	Final Placing
12.1 Girls	Semi Final	Top 6
12.2 Girls	Semi Final	Top 4
12.3 Girls	Won Grand Final	Champions
12.5 Girls	Preliminary Final	Top 3
12.6 Girls	Preliminary Final	Top 3
14.1 Girls	Elimination Final	Top 8
14.3 Girls	Won Grand Final	Champions
14.4 Girls	Semi Final	Top
14.5 Girls	Semi Final	Top 4
16.2 Girls	Semi Final	Top 4
18.1 Girls	Preliminary Final	Top 4



U16S ON COURT



U16S ON COURT

HIGH LEVEL PERFORMANCES

It was a successful season for the U18.1 Sabres boys who proved and demonstrated that they belonged amongst Basketball Victoria's elite.

Following a successful tryout process, the boys were faced with some adversity as two key members of the squad left the group. Despite being undermanned, the team consistently competed at a high level and never used injuries, illness, travel etc. as a crutch or excuse.

Throughout the season, the team displayed a willingness to share the ball and play to each others' strengths. They executed our defensive and offensive structures at a high level and played a hard-nosed brand of basketball which from a coaching standpoint was always pleasing to see.

Some highlights include:

- VC Qualification before Xmas / 2nd in VC grading Phase 1 / 4th in VC grading Phase 2
- SEJBT Grade A - 2nd
- Preliminary Final (3rd / 4th) in VC
- National Junior Classic (5th)

Thanks again to all the parents' for their support, but special mentions to Minh Si (Video), Sean Mccarthy (TM), Mat Scalzi (AC) for their efforts this season.

I wish the U18.1s boys all the best in their future endeavours and look forward to seeing them continue their progression into the Sabres seniors program.

Andy Lim



2022 U18 B1

SABRES

1 Aiden McCarthy 13 Cody Goonewardene 15 Tom Field 23 Jack Scalzi
29 Elliott Brown 33 Alex Hopkins 38 Jamie Si 41 Calsher Dear
43 Michael Aminov 52 Oscar Humble
Coach Andrew Lim Assistant Coach Mathew Scalzi



2022 U18 B2

SABRES

3 Josh Clark 6 Blake Lamble 12 Luca Cavarra 14 Aiden McFarlane
15 Heath Williamson 17 Ryan Hucker 19 Mason Paewai 45 Declan Johns

Coach Mark Williamson Assistant Coach Derek Johns

GREAT TO BE BACK!

It was great to be back playing basketball after 2 seasons of interruption from the spicy cough.

The year started off with a new group of 9 players after some movement before grading, with an interim coach Steve Brown helping out for the first phase of grading while I was recovering from some injuries.

The season had some challengers with a strained hamstring, broken wrist, dislocated shoulder, covid, the flu, ligament damage to hand and other injuries, led the team to have some games with 5 or 6 players, comprising of former Sabres players filling in or players coming up from the 3's - thanks Riley, Alessio and Max.

The season had some notable highlights:

Heath making a buzzer beating layup in the final game of phase 2 of grading giving us an exciting win over McKinnon.

Some perfect individual shooting games from long range - Ryan going 3 of 3 for deep against Mornington and Luca 4 of 4 against Nunawading.

Mason's ability to rebound with the ferocity of Dennis Rodman,

Aiden been unstoppable against Nunawading for a quarter.

Declan shutting down Mornington's dominant guard.

Josh attacking the basket not concerned about the physicality, with one interesting flopping warning from a referee, after he was knocked to the ground after a layup.

Blake's strength and craftiness when attacking his defender.

Whilst it was a challenging season, the boys played with passion and enjoyment of the game and I was proud of the way they competed and played the game. The boys should be proud and know they are in the top 40 teams in under 18 and qualifying for VJBL2.

Thanks to Kris our awesome Team Manager. Her organisation to get everyone to training, games and always have scorers was outstanding - thanks so much Kris.

Derrick the ever-dependable assistant coach for his stats and feedback to the coach was invaluable.

A special mention to Josh, Declan and Heath for their long playing career at Sabres from bottom age under 12 to top age under 18. It is a fantastic achievement and you guys should be proud - Sabres for life.

Good luck to all the boys next season and beyond.

Love the game of basketball.

Mark Williamson

SEASON OF DEVELOPMENT

It has been a season of development for the boys with a mix of bottom and top age players. We started the grading phase at the lower end of the Regional rankings and our mindset was to make into the Metro divisions for the start of the regular season. Through hard work, determination and great team spirit, the boys confidence grew and the team made their way up the Grading structure finishing grading in Metro 4, which was a great achievement for a newly formed team.

The boys showed that they have what it takes to mix it with the best of Metro 4, but periods where we had several injuries, players unavailable due to other commitments and lapses in concentration hurt us. We managed to push all the top teams and even won some of those games, but lost many nail bitters! Whilst disappointing to lose those games, it showed just how well the boys gelled together.

Key milestones were seeing each of the boys develop in skill base improvements, playing with purpose, running the clubs plays and most importantly they have shown how to play as a team.

Thank you to all the parents who supported their sons and the team throughout the grading stages and season. Thank you as well to Troy McGlone as the Assistant Coach.

A special thank you to Andy Hunt for being a great Team Manager. I'm sure without him our teams experiences would not of been as positive and uplifting as they were.

Finally – I would like to wish the boys the very best for the future, including their basketball endeavours.

Andrew Stavropoulos



SABRES

2 Matthew Leary 4 Jack Painter 18 Vladimir Milkovic 25 Christian Ballarin 27 Alex Enkelman
31 Harry Seid 32 Jamieson Collins 46 Michael Tuim 48 Lachlan Brien
Coach Ray Tuim (inset) Assistant Coach Michael Collins Team Manager Judith Tuim



SABRES

5 Liam Broad 8 Rhys Starow 9 Rico Morrison 16 Harry Neilson
20 William McGlone 28 Robert Tuohey 35 Alexander Stavropoulos
42 Ethan Hunt 44 Max Curtin 57 Jack Clarke
Coach Andrew Stavropoulos Assistant Coach Troy McGlone

VERY STRONG FINISH!

How good it was to finally get a full VJBL season out and completed! Even better to go deep into the finals only unfortunately to not get over the final hurdle in the Grand Final. The season started full of promise but our inconsistency continued to keep us in the fight for the last finals spot. In fact it took until Round 16 until we could say we had a guaranteed finals spot. But from there, our intensity (especially on defence) went through the roof. We had an excellent first 3 games of the finals involving double digit victories against the season's top 2 teams. Whilst we weren't successful in winning the Grand Final, the season was definitely a success.

A big call out to Wal and Strop with the combined training sessions as I know that the boys improvement was definitely enhanced with this opportunity. Mike Collins, my ever trusty Assistant Coach, it was a pleasure to have you on the sidelines with me again and to my wife Jude as the team manager we certainly had the A Team.

It would be remiss of me if I didn't thank all the parents for their help throughout the season.

Ray Tuim

TOUGH & EVEN BATTLES

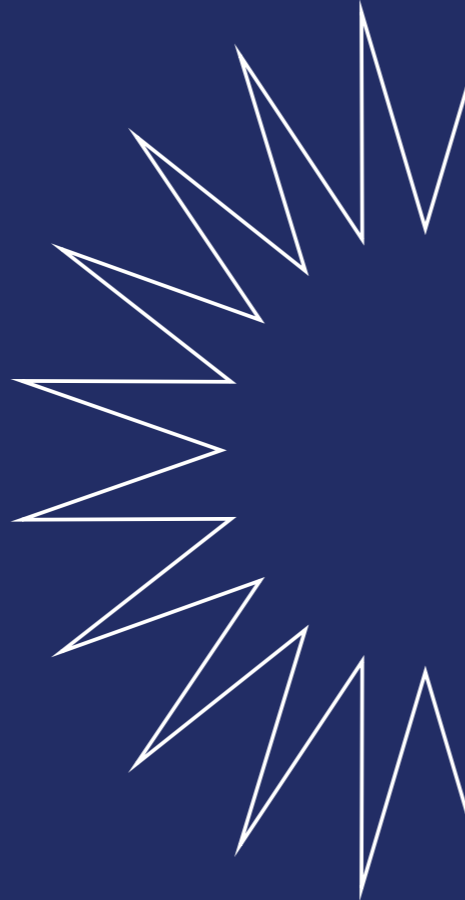
The U18 women have had a roller coaster of a season, with amazing highs but also struggles. The team stormed into VC before Christmas and had a great start to the season qualifying for the classic. A wonderful achievement and great as it was the first for some players. Natalia suffered a knee injury and missed a number of games.

The classic was tough and even though the girls fought hard then finished in the bottom half of the group and fought hard to finish 6th.

The second half of the season was very tough as the competition went up. The girls finished 4th on the VC ladder and competed very hard in their first final against Bulleen. They then played and beat Frankston in their semi final. Amy suffered a long term knee injury in the semi final but the team fought very hard and won by 3 points. The hardest part of the season was losing the prelim final by only 4 points.

I would like to congratulate Ella, Jaida, Christina, Hannah, Amy and Kate for finishing their junior career with the Sabres. I am excited to see Natalia, Amelia, Violet and Isla in the 18s program again next year.

Jacqui O'Neill



SABRES

2 Millie Naffine 6 Evie Botterill 18 Leah Allen (abs) 20 Cassie Whitaker 23 Remy Harris
44 Mikaely Meredith 50 Sophie Crofts 54 Amelia Blogg 55 Mia Callow
56 Ella Ongarato
Coach Dianne Naffine Assistant Coach Ashley Robinson



SABRES

1 Amy Kurkowski 3 Jaida Reid 4 Isla Airey 10 Violet Gittus 14 Natalia Hordetuk
15 Christina Roberts 25 Ella Razga 31 Kate Godden 35 Hannah Wickstrom 42 Amelia Hobson

Coach Jacqueline O'Neill Assistant Coach Sally Burke Team Manager Jo Reid

A PHENOMENAL EFFORT

I have had the great pleasure of coaching the 18/2 Girls this season, which consists of 3 top age and 7 bottom age players.

It was identified right from the outset, that this young team of talented athletes had the ability to grade well, but knew grading would be a tough task, as majority of the teams we had to beat throughout the 2 grading phases were 1's teams. We rose to the challenge, snatching some close wins, to see us achieve our goal and secure our spot in VJBL1.

A phenomenal effort!

We continued our success at the start of the season, but unfortunately after this time were struck down by numerous injuries, Covid, and other illnesses. This saw us having to adjust our game plan and despite some really close losses (and not so close) the girls remained committed to each other and the challenge of playing at this level.

They continued to show up consistently to training wanting to improve, wanting to do better, and wanting to win, which finally saw all our hard work, dedication and commitment to our cause come together in a brilliant end of season game to win by 25 points.

Despite not experiencing the success we had hoped for in the win column, this team of fantastic young women achieved success and growth in so many other ways.

I wish you all the best in your future basketball endeavours and will always look back on our time together with so much fondness. Thanks for the ride girls!

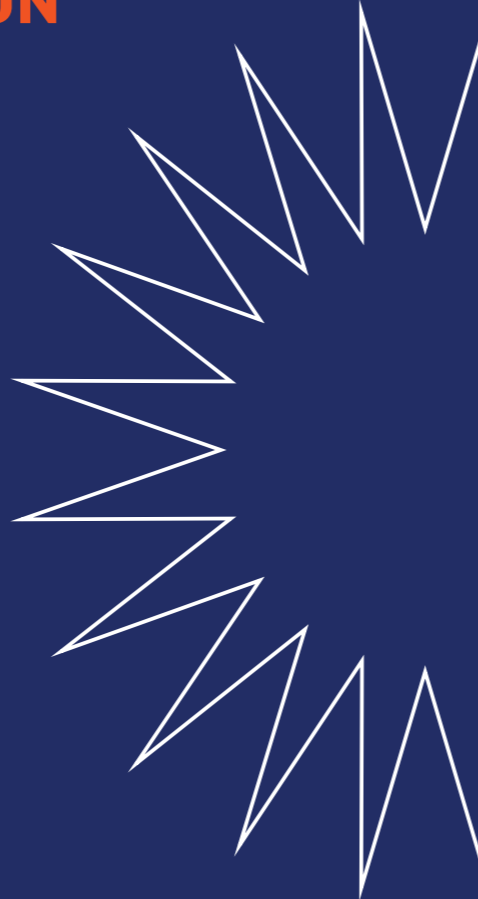
Di Naffine

A ROLLER COASTER SEASON

18.3 girls had a roller coaster of a season. We managed a few wins and a few close games. Unfortunately we didn't have many games or training sessions with a full team. However despite all of that the girls played every game to the end and never gave up, which is an absolute credit to them.

I would like to say a thank you to the parents for all the driving around Melbourne. In addition I would like to thank the team manager Christine for all her organizing and support of the girls and myself. Finally, I would like to say a massive thank you to the girls for allowing me to coach them, it was a privilege. Good luck to all the girls with whatever they pursue next year.

Katie Ryan



SABRES

2 Matilda Cowell 8 Georgia Perovic 9 Noemi Sniezek 12 Holly Fowler
24 Charlotte Ryan 26 Jamie Shepherd 28 Poppy Pearson 45 Emily Zallmann
Coach Katherine Ryan Assistant Coach Christine Shepherd

2022 U18 G3



SABRES

AN INTERESTING SEASON IT WAS

Another rollercoaster season in the books, and what an interesting season it was!

It's been a great season, watching the boys develop as a group and as individuals, both on and off the court. Our season started well, finishing our first grading phase undefeated, giving the boys a lot of confidence moving forward. Unfortunately, we could not close out the last remaining victory to secure Victorian Championship, where in our last crossover we lost the clincher from a heartbreaking foul call with under a second remaining. The boys however held their head high and set sights on a Championship in VJL1.

Our first regular season matchup resulted in another narrow loss to Frankston by 4 points, but from there the boys knew that they had it in themselves to start turning it around. The boys really started to identify and understand the blueprint of what we were trying to achieve, playing with pace, impeccable ball movement and focusing on defense. Their pressure and intensity was an incredible sight, whereby the boys managed to win the next 8 games in a row, totalling their record at 8-1 by the halfway mark of the season.

From here, the boys had set their goal on clinching a finals berth, and really pushed themselves in training to lift the intensity to continue being competitive. We witnessed several impressive performances against some strong opposition, from both individuals and the team.

One highlight of the season was our journey to Geelong throughout the season, where the boys put on an offensive clinic, scoring 106 points with a running clock during the quarters. The boys continued throughout the rest of the season, lost a few narrow games along the way but managed to finish third with an impressive 13-4-1 record for the regular season.

Our finals campaign was tough, but the boys put up a brave fight, unfortunately we were unable to defeat Broadmeadows in our preliminary final, finishing 3rd overall for the season. All in all, it was an impressive season, and I am extremely proud of all the boys.

I would like to take this opportunity to thank the boys for their hard work, making the effort and committing to training and games whilst being in year 12 or their first year of university commitments. I would also like to thank Mark (Wal) Williamson and Sandra Hilford for their support during the season, taking a few of the games whilst I was away. I would also like to thank Jonno Hayne for his outstanding effort to capture game footage for all the games and Geoff Clarke for his amazing photography of the boys in their element. Lastly, on behalf of everyone involved with our team this season, I would like to thank our Team Manager Simon Brown for his fantastic effort to keep us organised, it really is appreciated.

Aron Assey



2022 U20 B1

SABRES

2Jarryd Remy 3 Joshua Dalton 4 Wilson Amos 5 Sammy Cartwright 6 Fred Hayne
9Josh Nielsen 10 James Hilford 11 Rory Williamson 21 Archie Padley 22 Mason Cartwright
24 Adam Hatchuel 30 Hayden Whitaker 33 James Clark 44 Flynn Gaywood 52 William Brown
Coach Aron Assey Team Manager Simon Brown



2022 U20 G1

SABRES

2 Madison Sinclair 31 Sienna Romancz 4 Zoe Bedford 8 Alyssa Welsh
9 Olivia Rielly 12 Maya Dear 13 Grace Lisbon 13 Gabby Goldab 14 Abbey Smith
18 Maddison Torpey 22 Jemima O'Toole 23 Charlotte Ryan 24 Katherine Ritchie
44 Summer Keating 52 Chloe Arbuckle 67 Madison Bolger Coach George Romancz

COMMIT, TRAIN & PLAY

The girls got themselves into VC which was a significant effort. The season was punched with covid and Yr12 formals, but we settled into a core group, some new girls to Sabres and five doing Yr12 VCE it was a great effort by all to commit, train twice a week and play on a Friday nights on top of other commitments, so well done. The season was a book end with some great wins and some very close loses that could have gone either way. One game not to forget was a win against Knox at Knox on the last game of season, the girls shoot the lights out and played really tough and great D. The season end with us just missing out formally on finals but with the 5th team pulling out of finals we found ourselves playing an elimination final with no training for two weeks and unfortunately just lost by 3pts after leading most of the game.

The season produce some great achievement, we had two girls in the top 10 of threes made in VC with one in the top 3, Zoe Bedford (3rd) and Abbey Smith (7th). We also had great efforts from our tall's Madison Sinclair, Madison Bolger and Maddison Torpey. Our backcourt was led by Chloe Arbuckle and Alyssa Welsh, with hard ball gets and drives to the basket lead by Sienna Romancz and Gabby Goldab. Also, a special mention to Olivia (Liv) Reilly, new to the Sabres, on her committed and efforts to play YLC along u20s while doing VCE but suffered an ACL injury while playing u20s in late May, we wish you a speedy recovery.

Thanks to the parents (scorers), the girls and my TM Cameron Smith.

George Romancz

U20 G1

STRONG OFFENSIVE PERFORMANCES

Following a COVID interrupted year, the VYCM Sabres had a strong 2021-2022 season, finishing 4th in their conference and qualifying for the finals for the first time since 2016.

Finishing 1st in PPG & 2nd in FG%, the team's strong offensive performances buoyed them to a 13-9 record and at times, opposition squads struggled to compete with the blistering pace and scoring runs produced by the team. In order to take another leap, the group will seek to improve itself and make a jump defensively next season.

Some team highlights included a 4 win streak to close out the season (against Bulleen / Kilsyth / Keilor / Mckinnon) and two huge games against conference rivals Melbourne. From an individual perspective, highlights included Campbell Blogg earning MVP / Scoring Leader / All Star 5 in his second season of VYCM, Jarred Remy + Sammy Cartwright both being called up to play meaningful minutes in VYCM from U20s, Cooper Goonawardene and Tom Koppens bumping up to NBL1, and finally,

a successful final run for Ryan Heath, Bailey Clarkson and Jeff Dalman who age out of Youth League this season, but will be remembered for helping instil our standards on a weekly basis and playing integral roles throughout the season.

Having tasted finals basketball this season, the team is keen to go into the next season and hungry to improve on the 2021 campaign. With what will likely be a very different group with both fresh and familiar faces, we look forward to process of retooling for the season ahead and building good habits that will impact winning in the long term.

Thanks again to all the club and athletes - special mentions to Lisa Blogg (TM) and Oscar Mackechnie (AC) for their efforts this season.

Andy Lim



DEDICATION & COMMITMENT

The Youth League Women had a up and down campaign this year with many highlights and promising moments. Starting off the season with players coming together from over 6 different teams we started 4-0 with an overtime win against top 4 team Melbourne and conference opponents Ballarat who had the league's top scorer and a 30-point win against the eventual conference champs Casey. The middle of the season proved tough to string together wins but solid outings in a back-to-back away weekend against Bendigo and the eventual Champions, Keilor proved that we were close to being up there with the best.

All the teams hard work and continued dedication throughout a tough middle stretch paid off as we finished the final 8 games with 6 wins, winning against finals teams Kilsyth by 25 points, Ballarat again (this time by 20 points) and Sunbury by 40 points. As a coaching group we could not be prouder of the dedication and commitment showed by all. A massive thanks to Di Naffine and Michael Burke for their efforts throughout the season, to Jacqui O'Neil for her time and advice and everyone else involved in making the first complete season in a few years such a positive one.

Cal Charge

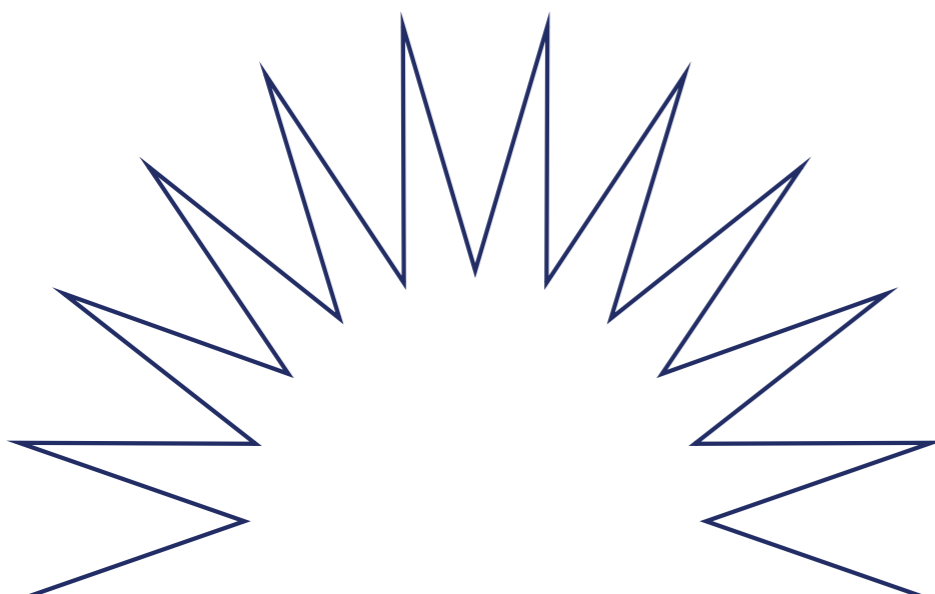


SENIOR PRESENTATION WINNERS

NBL1 Men
MVP: Shea Ili – also crowned NBL1 South MVP, best defensive player and All Star 5
Coach's Award: Tom O'Brien
NBL1 Women
MVP: Funda Nakkasoglu
Coach's Award: Georgia Pineau
VYC Men
MVP: Campbell Blogg
Coach's Award: Ryan Heath
VYC Women
MVP: Abby Riggs
Coach's Award: Jazmine Grollo
U20 Men
MVP: Wilson Amos
Coach's Award: Rory Williamson
U20 Women
MVP: Zoe Bedford
Coach's Award: Abbey Smith

2022 SABRES AWARD WINNERS

	DIV	COACH	M.V.P.	Coaches Award
U12-1 Girls	VC	Abby Riggs	Milly Surkitt	Imani Duggan
U12-1 Boys	VC	Mike McInnes	Hugo Washington	Daniel Sonogan
U12-2 Girls	VJL 1	Travis Rousell	Sara Tsaousidis	Eliza Oliver
U12-2 Boys	VJL 2	Paul Young	Fergus Riddle	George Aujard
U12-3 Girls	VJL 2	Gabby Goldab	Bonnie Lagan	Zoe Sedunary
U12-3 Boys	VJL 2	Dave Marsh	Eden Molony	Callan Duddy
U12-4 Girls	VJL 2	Sally Gittus	Abigail Morris	Milla Beames
U12-4 Boys	VJL 3	Dave Riggs	Fletcher Ballinger	Tom Kelly
U12.5 Girls	VJL 4	Adam Donovan	Summer Lettieri	Juliette McDonald
U12.5 Boys	VJL 5	Marty Gibbs	Freddie Gibbs	Harry Bright
U12.6 Girls	VJL 4	Marty Pask	Maya Withington	Kennedy Grant
U12.6 Boys	VJL 4	Max Roberts	Sam Murray	Jaxon Tuffin
Basil Cervi - VJL Boys Coach of the Year 2022- Dave Marsh 12.3 Boys Roger Morris Award- VC Girls Coach of the Year 2022- Abby Riggs 12.1 Girls Judy Barlow Award - Volunteer of the Year 2022 - Adam Donovan				
U14-1 Girls	VC	Cal Charge	Madi Ryan	Tessa Finch
U14-1 Boys	VC	Angus Cotton	Max McGlone	Ashton Coleman
U14-2 Girls	VJL 2	Licolln Trainor	Sienna Widger	Mackenzie Beaumont
U14-2 Boys	VJL 2	Michael Sharpe	Sonny Lockyear	Oscar Luxmoore
U14-3 Girls	VJL 5	Aaron Wilcock	Amelie Dixon	Evie Taylor
U14-3 Boys	VJL 4	Matt Touhey	Ben Nish	William Meehan
U14-4 Girls	VJL 5	Adam Bartosy	Lily Parry	Olivia Renkin
U14-4 Boys	VJL 6	Scott Harvey	Angus Aujard	Lachlan Donohue
U14.5 Girls	VJL 7	Brigitte Bartosy	Mia Starow	Grace Ling
U14-5 Boys	VJL 7	Shannonn Bowles	Ethan Jones	Samson Ivanidis
U14-6 Boys	VJL 7	Ben Ovenden	Alex White	Lachlan Angus
Robert Lunardon Trophy - VC Boys Player of the Year 2022- Max McGlone 14.1 Boys Robert Lunardon Trophy - VC Girls Player of the Year 2022 - Maddison Ryan 14.1 Girls Roger Morris Award - VC Boys Coach of the Year 2022- Angus Cotton 14.1 Boys Basil Cervi - VJL Girls Coach of the Year 2022- Aaron Wilcock 14.2 Girls				
U16-1 Girls	VCR	Cassie Hill	Josephine Friend	Bianca San Jose
U16-1 Boys	VJL 1	Evan Vallance	Zach Veneziano	Kaleb Johnson
U16-2 Girls	VJL 2	Heather Simurina	Lily Ballarin	Roos Feekman
U16-2 Boys	VJL 2	Mark Findlay	Zach Kovac	Aaron King
U16-3 Girls	VJL 4	Luke Smith	Isabella Smith	Poppy Nowak
U16-3 Boys	VJL 5	Adam Donovan	Alex Crawford	Felix Pigott
U16-4 Girls	VJL 5	Sean Blanche	Bella Blanche	Bella Clarkson
U16-4 Boys	VJL 7	Kosta Tsaousis	Tommy Beveridge	Tom Hutchison
U16-5 Girls	VJL 6	James McQuellin	Georgie Miller	Costanza Gelso
Junior Championship Referee of the Year 2022 - Angus O'Toole Basil Cervi - VJL Girls Player of the Year 2022- Lily Ballarin 16.2 Girls Basil Cervi - VJL Boys Player of the Year 2022- Zach Kovac 16.2 Boys				
U18-1 Girls	VC	Jacqui O'Neill	Hannah Wickstrom	Violet Gittus
U18-1 Boys	VC	Andy Lim	Cody Goonewardene	Elliott Brown
U18-2 Girls	VJL 1	Di Naffine	Ella Ongarato	Sophie Crofts
U18-2 Boys	VJL 2	Mark Williamson	Josh Clark	Aiden McFarlane
U18-3 Girls	VJL 4	Katie Ryan	Matilda Cowell	Poppy Pearson
U18-3 Boys	VJL 4	Andrew Stavropoulos	Rhys Starow	Liam Broad



NEW COURTS PROGRESS

It's now half time on works to expand Bayside's basketball facilities at Sandringham Family Leisure Centre Basketball Stadium, and we thank you for your continued patience as we deliver this significant project. The four-court extension will take the facility to a total of eight courts, the expansion will also include new changerooms, storage, reception, canteen and first aid room as well as an outdoor half court and additional parking.

"We have been bursting at the seams for some time now and the court expansion will enable us to capture that growth and build upon the strong foundations that we have already established here", he said. "The funding confirmation for the additional courts is very welcome news in a challenging and difficult year, and I thank everyone involved for their efforts to get us to this stage." – President Phil McFarlane

The new facilities will meet the current and future needs of basketball locally and enable Southern Basketball Association to expand its programs.

Provide greater capacity to recruit more players including expanding the girls competition, Opening up of the senior competition including women's teams, provide training for the domestic competition and the development of new game formats including 3x3

Convenience for parents who may have a number of children playing in different age groups, resulting in efficiencies in travel costs, congestion on roads and travel time

Ability to provide teams with both competition and training activities at the one venue



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