

SABRESNAPSHOT



AUGUST 2021

Welcome to the August Sabres Snapshot. As the season winds down (and what a season it's been), we wanted to thank everyone for their efforts this year. We are extremely excited for the new stadium development to get underway in the next few weeks and looking forward to the VJBL tryouts next month.

Thanks again to everyone that allows SBA to continue to flourish during these difficult times. SBA Management

HEAD COACHES NOTE

The Olympics provided us all with some much-needed enjoyment during the past fortnight – a bit of a release from being stuck inside with limited movement.

I'm sure everyone enjoyed watching the Boomers and the Opals perform against the best in the world under intense pressure. That's one of the great things about FIBA basketball – the level of play is so high and the 40-minute game means there are no wasted possessions.

Back in Melbourne, everything seems to be stuck in limbo, but we are proceeding with our plans for 2022. Our tryout schedule and information carrying us through to the end of the year has been recently posted. Details can be found here: <https://www.southernbasketball.com.au/2022-sabres-tryout-dates/>

Take care, Simon and Nathan

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ATHLETE INTERVIEW

Katie Ritchie (U18.1G)

Before a game I always ... Roll and anything to avoid homework

What domestic team do you play for?
Pacers and Shaqramento Queens (Shaq)

Favourite food:
Milo and ice cream

Favourite NBA team:
Brooklyn Nets

Favourite WNBL team:
Southside Flyers

Favourite movie:
10 Things I Hate About You

Favourite TV show:
Greys Anatomy

Favourite AFL/AFLW team:
Collingwood

Teammate most likely to get yelled at by coach:
Depends who's coaching but usually the whole team!



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Q & A

We will be starting 'Q & A' section in Sabres Snapshot. Please submit questions and in the next edition we will answer them!

Email: admin@southernbasketball.com.au

COACH INTERVIEW

Aaron Wilcock (U16.4B)

How long have you been coaching in the Sabres program?

I started coaching as an assistant with the 12.1 boys in 2017

Why did you start coaching?

I love the game and when an opportunity came up to work with a great group of kids and assist one of the best coaches in the Sabres program, I couldn't say no.

What's your greatest coaching moment?

My greatest coaching moment was having the opportunity to coach the U14 A Grade Parkdale Pacers girls last season. After so many lockdowns, to see the girls have the chance to get on the court for the Grand Final, put together the performance of the season and take home the win was amazing. A hugely talented group that played for each other and got the reward they deserved.

Who is your biggest coaching influence?

I had the chance to coach with Nigel Carpay in 2017. His ability to teach kids to play, and not just run plays, was huge at that age (U12s). His attention to detail was something else – and that stuck with me.

Favourite basketball podcast?

'Rogue Bogues' by Andrew Bogut

Favourite movie?

Point Break

Favourite food?

My Nana's lasagna is pretty legendary!

Favourite NBA coach/team?

Coach Gregg Popovich and team would be Utah

Favourite AFL team?

Geelong



ATHLETE INTERVIEW

Blake Lamble (U16.1B)

Before a game I always ...

I always listen to music

What domestic team do you play for?

Sandy Saints

Favourite food:

Pasta

Favourite NBA Team:

Brooklyn Nets

Favourite NBL team:

Melbourne United

Favourite movie:

Inception

Favourite TV show:

Brooklyn 99

Favourite AFL team:

Richmond

Teammate most likely

to get yelled at by coach:

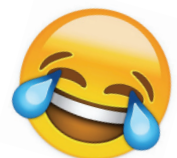
Jamie Si



JOKE OF THE MONTH

Why did the elephants stampede onto the basketball court?

They played for the Chargers.



Send your joke to:

admin@southernbasketball.com.au



aproteins.com.au



melbourneorthodonticgroup.com.au

COACH INTERVIEW

Katie Ryan (U16.4G)

How long have you been coaching in the Sabres program?

This is my third season coaching Sabres

Why did you start coaching? *I started coaching 11 years ago when I was asked to coach my daughter's team, and I have loved coaching ever since.*

What's your greatest coaching moment? *Winning a domestic Grand Final as the underdogs*

Who is your biggest coaching influence? *My biggest basketball coaching influence is Tom Maher*

Favourite movie? *Dumb and Dumber*

Favourite food? *Donuts*

Favourite NBA coach/team? *Washington Wizards – as I was lucky enough to watch them play.*

Favourite AFL team? *Tigers*



SSV – SCHOOL SPORT VICTORIA

SBA want to congratulate **Madison Ryan (U14.1G)** and **Max McGlone (U14.1B)** on their selection to the School Sport Victoria u12 teams.

Both athletes have gone through the tryout process and have been picked to represent Victoria in the August Championships in Bendigo.

Congratulations and best of luck to Madison and Max.



U16 NATIONALS – GOING AHEAD!

Some great news for our two U16 Victorian State representative players, and our coach – with the 2021 Nationals Championships going ahead in Darwin, NT in September.

Isla Airey (U16.1G) (*top*), Oscar Humble (U16.1B) (*middle*) and Jacqui O'Neill (NBL1 Women Head Coach and U18.1G) (*bottom*) will head to Darwin in the September school holidays to help Victoria Metro bring home gold medals!

Best of luck and congratulations again to our Victorian representatives.



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NBL1 PLAYERS

SBA would like to congratulate some of our NBL1 athletes on their current achievements with their national teams.

JENNA O'HEA was a vital piece to the Australian Opals during the 2020 Tokyo Olympics, Jenna helped the Opals with 8.5pts, 3 rebs and 2.3ast in 21mins of action. Jenna hit some key shots in the preliminary stages and contributed 15 points in the infamous 26 point victory of Puerto Rico to move the Opals into the quarter finals.

KUANY KUANY has jetted off to Rwanda for the 2021 FIBA Afrobasket tournament. Kuany is representing South Sudan in their first FIBA Afrobasket appearance in the nations history. Kuany helped the Sabres out by averaging 20pts, 11.4rebs and 2.3ast on 51% shooting.

PRESTON BUNGEI is also headed to the same tournament as Kunay. Preston is representing Keyna in the 2021 FIBA Afrobasket tournament in what is their first appearance in the tournament since 1993. Preston helped the Sabres by averaging 19.6pts, 6.5rebs, 2.3ast on 48% shooting.

And lastly, we wish **SAM MCDANIEL** all the best as he relocates to Tasmania for the Tasmania Jack Jumpers inaugural season. Sam was a late addition to the NBL1 this year and leaves us just before the season finishes to set-up and get on court with the new franchise. Sam averaged 22.3pts, 9.3rebs and 2.3ast to help the Sabres for a short stretch in the season.

We want to thank all our NBL1 stars and wish the best for their next spots and tournaments over the next few months



Jenna O'hea



Kuany Kuany



Preston Bungei



Sam McDaniel



THE CAGE

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The **SBA Online Business Directory** is designed to do just that reward and support.

If you have a business, then we want to include you in our online business directory. No matter how big or small your business; sign up now.

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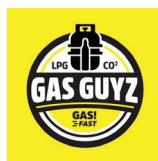
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