

SABRESNAPSHOT



JUNE 2021

We have had a short break in the second term, but we have been able to put together some fantastic new initiatives, which will be released soon. Our VJBL teams are progressing well, and we have seen significant improvement in both coaches and players. We are also close to the finish for our VYC teams who are pushing hard for finals contention, and our NBL1 teams have had some great progress in their season.

HEAD COACHES NOTE

The middle of the year would normally see our first teams representing the Sabres at the National Junior Classic and our other teams participating in the Nunawading tournament. Unfortunately, this year we are again shut inside in a hard Melbourne lockdown which doesn't allow any indoor sport or training sessions.

We feel for everyone during this time, but also hope to be back in late June/early July for more VJBL action.

Please stay tuned to our social media channels and our website for more information as we receive it.

In the meantime checkout this month's Sabres Snapshot athlete and coach interviews.

Simon and Nathan.

ATHLETE INTERVIEW

Oscar Humble (U16.1 boys)

Before a game I always ...

Shoot at home, roll and stretch

What domestic team do you play for?

Mentone Mustangs – Warriors U/16 A

Favourite food:

Honey chilli chicken

Favourite NBA team:

Golden State Warriors

Favourite NBL Team:

Melbourne United

Favourite movie:

Avengers - Infinity War

Favourite TV show:

Brooklyn 99

Favourite AFL team:

The mighty Hawks

Teammate most likely to get yelled at by coach:

Adrian Cole



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Q & A

We will be starting 'Q & A' section in Sabres Snapshot. Please submit questions and in the next edition we will answer them!

Email: admin@southernbasketball.com.au

COACH INTERVIEW

Jeremy McFarlane (U14.3 boys)

How long have you been coaching in the Sabres program?

This is my first season as a Head Coach, but helped out last season as an Assistant / Team Manager

Why did you start coaching?

I have played the game my whole life, but unfortunately age and fitness is not my friend. The natural progression was coaching and a few seasons after my son started playing I found I couldn't help but get involved.

What's your greatest coaching moment?

I simply love watching the progression of the boys I have coached. I particularly love those moments when it all clicks and a play unfolds just as you intended on the whiteboard.

Who is your biggest coaching influence?

I am a big Pistons fan and will always love Chuck Daly ... Defence and Rebounding! (my team will laugh!)

But personally I would say my U14 domestic coach, Peter Lawrence. The fundamentals I teach today were learnt from him all those years ago.

Favourite basketball podcast?

All the Smoke or Knuckleheads

Favourite movie?

Pulp Fiction

Favourite food?

Pizza

Favourite NBA coach/team?

Detroit Pistons (89-90)

Favourite AFL team?

Geelong Cats



ATHLETE INTERVIEW

Lolah O'Brien (U16.3 Girls)

Before a game I always ...
Make sure I have stretched

What domestic team do you play for?
Sandy Saints Thunder

Favourite food: *Hot Chips*

Favourite WNBL team: *Melbourne Boomers*

Favourite movie: *Mamma Mia*

Favourite TV show: *Brooklyn 99*

Favourite AFL team: *North Melbourne*

Teammate most likely to get yelled at by coach:
Olivia



Image 2020

JOKE OF THE MONTH

Why did the basketball team join a craft club?

Because they wanted to learn how to make baskets!



Send your joke to:
admin@southernbasketball.com.au



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COACH INTERVIEW

Di Naffine (U18.2 Girls)

How long have you been coaching in the Sabres program?

2 years however have been a coach for over 30 years

Why did you start coaching?

To give back to the sport I love!

What's your greatest coaching moment?

Qualifying for the National Junior Classic

Who is your biggest Coaching Influence?

Marty Hanson

Favourite basketball Podcast?

I am more of a YouTube fan

Favourite movie?

Avatar

Favourite food?

Japanese

Favourite NBA coach/team?

Phil Jackson - Chicago Bulls circa 90's

Favourite AFL team?

West Coast Eagles



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We're proud of our people and the work they do on and off the court, and we want to reward and support you.

The **SBA Online Business Directory** is designed to do just that reward and support.

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Sophie admin@southernbasketball.com.au

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